

# **2024 Women & Spirituality Conference Schedule**

## **Saturday Oct 5th :**

### **2024 Session ONE**

The Masks of the Goddess Project with Lauren Raine

Accompanying Healing Justice Work: Giving & Doing in Alignment with Spirituality with Katherine Wojtan and Erin Williams Rodriguez

Signs and Synchronicity: Messages from the Universe with Diane Anderson

From Burnout to Breath: How I Reclaimed Myself with Somatic Breathwork with Sonya Parks

Exploring the Five Wisdom Energies with Nicolle Neill Roen

Ocean Flow Dance: Breath, Movement and Connection with Bonnie Berquam and Cathy Petersen

### **2024 Session TWO**

Practicing with the Five Powers of Mindfulness, Energy, Concentration, Faith, and Wisdom with Constance Casey

Working with the Waxing and Waning Moon to Improve your Productivity with Julie Cuccia-Watts

Aligning with your Highest & Best Self with Dalia Elimam

Feel the Powerful Energy of Gaia Mother Earth and her Magical Nature Beings! with Mary Newstrom

The Flow of your Breath: The Portal to the Flow of your Life with Shannon Abbott

Divine Grace: Flowing with Feminine Energy through Group Meditation & Reiki with Anamarie Curry

### **2024 Session THREE**

The Five States of Awareness for Women of the New World with Dawn Morningstar

Tarot for You with Esther Marcella

Developing Resilience Tools for Navigating Life's Journey & Tapping into Akashic Records with Maria Serbus

Gamma Bliss: Tuning into your Highest Frequency with Allison Johnson

Creating Flow Through Posture & Movement – How Prevent/Relieve Pain, Move with More Ease and Grace, and Raise Your Vibration with Anna Forliti

Taoism, Flower Essences & Flow: Returning to our Internal Nature with Loyola (Loey) Colebeck

### **Sunday Oct 6th: 2024 Session FOUR**

The Rhythm and Flow of Life with Dr Gail Van Kanegan

The Moon in the Astrology Chart: Understanding How we Nurture Ourselves and Manifest Our Purpose in the World with Cathy Gnatek

Nurturing The Goddess Within with Lila Brown

Exploring Your Intuition: Unveiling the Clair Senses with Terri Allred

Raising your Vibration through Sacred Rose Energy with Sara Anondson

Womb Awakening Goddess Circle with Heidi Harrabi

### **2024 Session FIVE**

The History, Philosophy, and Magical Practice of Beauty with Patricia Ballentine

A New Era of Feminine Energy: Embracing the Asteroid Goddesses with Kailean Welsh

Feng Shui: The Art of Placement to Create Flow & Harmony with Vaishali Joshi

What Really Matters? Sharing a Cup of MortaliTea & Exploring Spiritual Urgency with Deah Kinion

Intro to Sound Healing & Sound Bath with Maria Voorhees – Reincke

Let's Get Your Chi Flowing with Kay Rydeen

## **2024 Session SIX**

The Once and Future Goddess in America: The Influence of the Goddess From Our Nation's Formative Years and Into the Age of Aquarius with Krisztina Potyondy

Letting Go to Stay in the Flow with Julie Trombley

Wasteland and River: Painting a Mandorla for Creative Flow with Janet Marinelli & Carol Geisler

Letting it Flow – Tai Chi, Chi Gung Movement with Stephanie Siddiqui

The Spiral Journey of Active Hope: the Work That Reconnects with Roberta Cassidy

Song: A Human Technology of Belonging with Kva Mary Wajer