

18th Annual WOMEN & SPIRITUALITY CONFERENCE

Our Logo - In 1990, Bonnie Fornier, from Minneapolis, created a powerful image, retaining the primary symbol of the feminine, the circle. It is dissected with another primary feminine essence, fluidity, water . . . centered between sky above and earth below, joining air and ground, spirit and matter, expressing balance, harmony, inclusiveness, and the many in one.

The Women and Spirituality Conference was born seventeen years ago with an evening lecture attended by 75 people.

The purpose was to provide a supportive and nurturing setting for a dialogue of caring and mutual respect between and among women and interested men from many spiritual and religious traditions. Since then the conference has grown to average approximately 800 participants with 80-120 workshops. The Conference does not advocate or exclude any view and continues to foster an understanding and celebration of similarities and differences. May we continue to aid one another on our individual and communal spiritual journeys.

1999 Keynote Speaker

The Eighteenth Annual Women and Spirituality Conference will be held at Minnesota State University, Mankato, on Saturday & Sunday, October 9 and 10, 1999.

Leslie Feinberg, national speaker, activist, and acclaimed author of *Stone Butch Blues*, *Transgender Warriors*, and *Trans Liberation: Beyond Pink or Blue*, will be our Keynote Speaker. The subject



Leslie Feinberg

of the keynote address will include an historical and political examination of trans expression, its relationship to spirituality and the struggle for societal change. Leslie argues passionately for the acceptance of all trans people, and for the absolute necessity of building coalitions among all progressive political groups. She came of age in Buffalo, New York before the Stonewall Rebellion, and is a typesetter and journalist by trade. She has written three books to date, and has presented all across the country.

Schedule

Saturday, October 9, 1999

8:30 - 10:00	Registration / Exhibit Browsing
10:00 - 10:30	Opening Celebration
10:30 - 11:00	Announcements & Welcome
11:00 - 12:30	Keynote / Booksigning
12:30 - 2:00	Lunch (on your own) / Browsing
2:00 - 3:30	Session I
4:00 - 5:30	Session II
6:00	Dinner (advance reservations required)

Sunday, October 10, 1999

8:00	Conference Site Opens
8:30 - 10:00	Session III
10:30 - 12:00	Session IV
12:15 - 12:45	Closing Celebration
12:45	Lunch (on your own) Browsing

The 1999 Planning Committee:

Gia Gilk, Coordinator
Cindy Veldhuisen, Business Manager
Shirley Piepho, CSU Coordinator
Kay Eichler, Signing Interpreter
Rhys Gaffer, Exhibitor Coordinator
Molly Doyle, Conference Intern
Heather Baker, Conference Intern
Dr. Carol Perkins, Chair of Women's Studies

Additional thanks to our Friends, Mentors,
and "Mothers" of the Women and
Spirituality Conference.

.... PLEASE BRING THIS PROGRAM WITH YOU TO THE CONFERENCE
ADDITIONAL COPIES WILL COST YOU \$1.00 EACH

Golden Rules From Diverse Traditions

Native American: "The Universe is the Mirror of the People," the old Teachers tell us, "and each person is a Mirror to every other person." (Hyemeyohsts Storm)

Native American: Your mind, your relationship with yourself and others are reflected in everything around you: your intentions, your actions are causes which return to you as effects. Always there is the pure stream of light of mind within you, to be actualized in right relationship and actions for the good of all. (Dhyani Ywahoo, Tsalagi-Cherokee)

Christianity: All things whatsoever ye would have [others] do unto you, do ye even so to them: for this is the law of the Prophets. (Matthew 7:12)

Judaism: What is hateful to you, do not to [others]. That is the entire Law; all the rest is commentary. (Talmud, Shabbat, 31 a.)

Brahminism: This is the sum of duty: Do naught unto others which would cause you pain if done unto you. (Mahabharata 5, 1517)

Buddhism: Hurt not others in ways that you yourself would find hurtful. (Udana-Varga 5, 18)
Confucianism: Surely it is the maxim of loving-kindness: Do not unto others that you would not have them do unto you. (Analects 15, 23)

Taoism: Regard your neighbor's gain as your own gain, and your neighbor's loss as your own loss. (T'ai Shang Kan Ying P'ien)

Zoroastrianism: That nature alone is good which refrains from doing unto another whatsoever is not good for itself. (Dadistan-i-dinik 64.5)

Islam: No one of you is a believer until [you] desire for [others] that which [you] desire for [yourself]. (Sunnah)

Gnosticism: If you bring forth what is within you, what you bring forth will save you. If you do not bring forth what is within you, what you do not bring forth will destroy you. (The Gospel of Thomas)

Wiccan Rede: And ye harm none, do what ye will, lest in thy self defense it be, ever mind the rule of three.

Baha'i: If thou lookest for justice, choose thou for others what thou chooseth for thyself.

Workshops

Room Code

AH - Armstrong Hall

MH - Morris Hall

CSU - Centennial Student Union

PA - Performing Arts Building

SATURDAY/SUNDAY HAPPENINGS

HEALING CIRCLE

CSU Upper Level

7:00 p.m.

Come to learn and experience Reiki Healing Energy. Several practitioners of Reiki will be sharing information about this holistic healing method and let you experience it for yourself in CSU 253-255. **Janice Gorman** and **Diane Rose** will be on hand to provide energetic healing in CSU 204. **Margaret Mitchell** will be doing Network/Cranial Sacral Therapy in CSU 219-A. Please join in this wonderful opportunity to participate in a healing experience after a long day of workshops! This year's healing event has been coordinated by long-time Conference attendee, **Rev. Elizabeth McCabe**, who is a Reiki Master and ordained priest, and has Reiki practice and a monthly group focused on growing spiritually.

RE-INVENTING THE MUSE: MINNESOTA WOMEN SHARE AN EVENING OF POETRY

CSU Ostrander Auditorium

7:30 - 9:00p.m.

Come share in the evening as we re-invent the Muse. Featured poets, **Morgan Grayce Willow** and **Margareth Cecilia Miller** of the Twin Cities will share their love of the art of spoken word. **Connie Colwell** of Mankato will send off the Open Mic portion of the evening with a selection of her work. All are invited to share poems and stories during the open reading. This year's poetry presentation is coordinated by **Denise Brennan Watson**, former coordinator of the Conference, who is also a poet and writer and currently the Procurer of Poetry Critics for the Cincinnati Writers League, and writer of *The Undertow of Hunger*, a volume of poetry published by Finishing Line Press.

ROOMS AVAILABLE

We have several rooms available after 6:00 p.m. on Saturday evening. If you wish to reserve one for drum circles, twelve-step meetings, meditation, or whatever else you may like to organize, please contact us at 507/389-2077 to reserve space. We will announce these events Saturday morning.

SESSION I (Saturday, 2:00 - 3:30 p.m.)

SELF DEFENSE AND SPIRITUALITY: THE TRIANGLE OF SAFETY

Dance Studio

Experiential/Movement

This workshop refutes the notion that self-defense training is violent; martial arts have been practiced for centuries for the purpose of self development and enlightenment. Intensive physical practices can bring us into the present moment. Although time will not permit intensive practices, simple, interactive experiences should provide insight into the training method. Both presenters are Certified Impact Instructors.

Margaret Landry, MA and Aikido blackbelt, is an adventurer and explorer of ways of being and thinking.

Brian Kerr is a peaceful person and an experienced visual and martial artist with Aikido training and 13 years of Karate.

THE CUTTING OF FEMALE GENITALIA: A WORLD VIEW

CSU Ostrander Auditorium

Performance/Discussion

The objective of this workshop is not to resolve the complexities of the argument but to encourage further consideration of how girls and women are acculturated to accept practices and ways of being which may be harmful to their physical and psychological development.

WILPF Arts Committee are feminist peace advocates, activists and artists engaged locally, nationally, and internationally in efforts to bring about a non-violent, productive, nourishing world by improving the conditions in which women everywhere live.

AN ORAL WHEEL OF WISDOM

CSU 101

Experiential/Music

We will utilize symbols of the tarot, poetry, music and shamanic drumming/journeying techniques to help people find their place in the wheel and what it means both personally and collectively on a spiritual, physical, intellectual and environmental level. Participants are invited to bring blankets, pillows, drums and rattles.

Julie Cuccia-Watts is the creator of the *Ancestral Path Tarot* and owner of New Moon Trading Company.

Nancy Shea, a psychotherapist practicing for 10 years, has extensively studied shamanic healing techniques and has the gift of word.

Meg Turzinski, teacher, singer, has studied shamanic healing techniques.

SPIRITUALITY OF WOMANHOOD

CSU 201

Presentation/Discussion

This workshop has at its purpose to speak about connection to Spirit and the spiritual causes of illness. Dealing with the human structure on all levels: physical, emotional, mental, and spiritual, its focus is also on the common bond between women, as well as the Spirit aspects of this formulate together.

Beth Dianne Muetzel, MS, LP, is a psychotherapist and Reiki Master in the Mankato area who works for Lutheran Counseling and Family Services and also has her own private practice.

CELEBRATING THE INTERCONNECTEDNESS OF ALL SPECIES

CSU 202

Storytelling Child Friendly/Experiential

Animal and plant lovers of all ages welcome! We will explore and strengthen our sense of sacred connection to other species. Come and share one of your favorite stories of a connection you have had with another species.

Sage Passi is a coordinator for Eco Education, a Twin Cities environmental service learning program, and is a story teller for Spiderwimmin.

Kaia Svien, MS, Spiritual Mentor, Ceremonialist, Author. Both presenters specialize in workshops that expand our love for Earth.

**WOMANSONG: THE LIBERATING, UNIFYING, HEALING
POWER OF MUSIC**

CSU 203 **Musical**
With honesty and intimacy, the presenter will share her experience of traditional expectations, struggles, and a birthing of self through music. Be refreshed and challenged as you hear and feel shared hope, humor, anger, resolve, and vision for social change.

Dody Davies is a Christian feminist composer, performer, recording artist, veteran workshop presenter and composer of several Conference theme songs.

CEREMONY FOR MOTHERS AND DAUGHTERS

CSU 204 **Ritual/Child Friendly/Movement**
This workshop is intended to provide a sacred ritual space for Mothers and Daughters to share ceremony. We will enjoy simple but meaningful dialogue, movement, visualizations and ceremony.

Tory Stewart enjoys mothering four children including Chandra, her co-presenter. She is a healer and teacher of Qi Gong and Spirit Doll-making classes for pre-adolescent girls.

Chandra DesMarias is a seventh grader who enjoys playing sports, doing Qi Gong and participating in ceremony and ritual whenever she gets the opportunity.

SOUL RETRIEVAL AND SHAMANIC HEALING

CSU 253-255 **Ritual/Discussion**
This workshop is designed to introduce some basic principles of core shamanism and explore various healing techniques. We will discuss the concepts of "soul loss" and the healing technique of "soul retrieval." Participants are encouraged to share their own spiritual experiences.

Jaes Seis is a practitioner of Shamanic Healing, teacher, and founding partner of Pachamama, a non-profit educational organization in Wisconsin. **Mary Fowler** is a Shamanic Practitioner who has apprenticed and worked with Jaes, and a member of Pachamama.

**ACTIVATING THE SPIRITUAL MASTER WHO
LIVES INSIDE OF YOU**

AH 101 **Ritual/Experiential**
This workshop gives an opportunity to access inner energies to transform your life. It is a celebration that can assist you in your ever-upward spiral of knowing who you truly are becoming.

Janice Gorman, BS, CDC, Rev. Minister of Spiritual Counseling, gifted channeler, medium, teacher, and owner of the Friendship House in North Mankato, MN.

LANGUAGE OF EMPOWERMENT

AH 121 **Discussion**
This workshop will look at ways in which we have been taught to use language to disempower-empower ourselves. We explore language of limitation, intimacy, victimization, directness and power.

Cat Thompson is a shaman of many traditions, combining lifetimes of study and lifetimes of experience to create dramatic, powerful, and fun trainings.

HINDUISM AND ECOLOGICAL SPIRITUALITY

AH 202 **Presentation/Discussion**
We will discuss the relationship between humans and the Absolute God, the qualified gods, and nature on a metaphysical level and examine their implications on a pragmatic level. According to the philosophy of Hinduism, humans are a part of Nature and not its controllers. This discussion will lead to our understanding of Hinduism as a system of ecological spirituality.

Indira Y. Junghare is Chair of the Department of South Asian and Middle Eastern Languages and Cultures, Professor of Indian Literature, Philosophy, and Asian Religions at University of Minnesota

WET-ON-WET WATERCOLOR PAINTING

AH 203 **Creative/Experiential**
Painting is the breathing of the soul. This wet-on-wet watercolor experience is soul opening for both beginner and experienced painters. Working with pure colors and liquids is healing and illuminating. All materials provided. Space is limited to 16 per session.

Donna Webb, BFA, Artist and Art teacher, currently creating a Master's program integrating Art instruction and Art therapy.

RETURN TO THE WOMB

AH 209 **Storytelling/Musical**
This workshop will consist of poetry reading and written story that is woven with images and music. This presentation is intended to bring the participant to a deeper understanding of the feminine, the Goddess and the innate ability to heal on all levels.

Katelyn Mariah, BFA, MA, LICSW, is a visionary artist, writer and the creator of *The Awaken The Goddess Meditation Deck* who hopes to heal and transform others through her creative works.

LOVING OUR LESBIAN SELVES

AH 211 **Music/Experiential/Discussion**
Through singing, affirmation, and group sharing, we will celebrate the beauty within ourselves and each other as lesbians, bisexual women, and those exploring same-sex attraction.

Eleanor Ruth Wagner is a lesbian crone of many passions, past workshop presenter, author of the book *Lavender Reflections: Affirmations for Lesbians and Gay Men*.

IMAGE MAKING AND SPIRITUALITY

AH 213 **Experiential**
The process of creating images can be considered as a sort of meditation and/or prayer. When one quiets the mind and visualizes possibilities, transformation and healing through images may occur. This workshop will give participants an understanding in a visual form of their own spirituality.

M'Lou Wilkie, MS, artist, art therapist, art teacher, brings her natural, grounded presence to stimulate within her students and clients the enjoyment of expressive art making.

Carol Anne Kemen loves to create with fabric and color, teaches Hatha yoga, and runs a non-toxic cleaning service.

DARE TO BE YOU

AH 220 **Storytelling/Discussion**
Through her journey of spiritual growth, Diane discovered how to live and accept herself, claim her power, and discover and become who she has always been. The experience will assist others in understanding the process of self-healing so they can find their own inner peace, love, and profound joy in this lifetime.

Diane Rose is a Master of Energetic Healing, a Spiritual Entrainment Specialist, a speaker, a teacher, and a transsexual woman.

FEMALE SELF-ESTEEM

AH 225 **Presentation/Discussion**
This multi-media workshop depicts cultural influences that adversely affect the self-esteem of females in this culture. The focus of this workshop is about identifying our strengths, following our dreams and passions. Participants will be involved in a "dreaming" activity and will be able to share their own views of the topic.

Rebecca Schoper is completing her Masters Degree in Community Counseling at MSU, M and is a musician, teacher, potter, wife and mother.

**HELD ACCOUNTABLE: RESPONSIBILITY FOR CRIMES OF
VIOLENCE AGAINST WOMEN**

AH 231 **Presentation/Discussion**
This Powerpoint presentation will investigate recent articles on the subject of victim blame. We will discuss studies done in the past five years that show that the public still blames the female victim of violent crime.

Jamie Stuart is a graduate student in Women's Studies at MSU and considers this to be one of her major research interests.

THE ART OF SPIRITUAL DREAMING

AH 233 **Discussion**
The purpose of this workshop is to aid you in your spiritual journey through the study of your dreams. The workshop will give you tools to help you understand the nature and reality of dreams, and show you how to experience the love and happiness dreams can bring into your life.

Heidi Skarie is an ECKANKAR clergy member, mother and fiction writer who has given talks and workshop on writing and spiritual topics.

Laura Skarie is a lifetime member of ECKANKAR and is a student at the University of Minnesota.

Susan Miller has been a member of ECKANKAR for 20 years. She has spoken on these topics across the United States.

BE RESPONSIBLE & ACCOUNTABLE FOR YOUR GRIEF, FORGIVENESS & HEALING

AH 234 **Presentation/Discussion**
The facilitator will focus on the following questions followed by open discussion and questions from participants: As a human, do you fail to recognize your need for self forgiveness? Do you see the importance of forgiveness of self and others for your ongoing spiritual evolution? Do you sometimes become trapped in believing you're a victim?
Juliet "Julie" E. Kallio, M.Ed., SOULSjourney, is a Public Speaker, Storyteller, Writer, Workshop Facilitator, who has "walked the talk" of the spiritual journey for 25 years.

AN INTRODUCTION TO THE EUROPEAN WITHCHRAZE

MH 206 **Discussion/Ritual**
This workshop honors our European ancestral sisters that were burned and tortured as witches and the impact this has on us today. We will cultivate a balance between the pain and beauty of our ancestral truths with the emerging energies and possibilities for our communities today.
Kara Vangen and **Cara Carlson** are mothers of European heritage who work as community healers and builders who are guided in this work by elders in their tradition and the Powderhorn/Phillips Cultural Wellness Center.

FIND THE WISE WOMAN INSIDE OF YOU

MH 209 **Discussion/Experiential**
Inner obstacles consist of limiting and unhelpful attitudes and beliefs and difficult personal experiences you have not fully acknowledged, accepted and transformed. We will discuss inner obstacles, experience techniques to heal the mind and body, and experience guided imagery to help find your Higher Self.
Maureen Higgins, MA in Human Development and owner of Wings of Freedom, where she facilitates healing and spiritual growth through counseling, guided imagery, and integrative bodywork.

LISTENING TO YOUR INTUITION: THE SIXTH SENSE

MH 210 **Experiential/Discussion**
You will learn to contact your intuition, ask yourself questions, and learn that the "wise-being" within you is an incredible source of power and strength that is available to answer questions and guide you through your journey.
Carol Ann Lowinske, MS, Licensed Psychologist, holds a MA in Women's Studies from MSU and is the director of the Mind/ Body/ Spirit Center in Mankato.

ANIMAL SPIRITUALITY: REMAKING THE CONNECTIONS

MH 211 **Experiential/Storytelling/Discussion**
An experiential role-play workshop on re-entering right relation with the animal world around us and within us. We will use cross-cultural myths and fairytales about animals and explore the pain of separation from animal worlds as well as a possibility for re-connecting joyfully.
Ulrike Wiethaus is Associate Professor of Humanities at Wake Forest University and has widely published on women and spirituality in the US and Western Europe.

WOMEN, SPIRITUALITY, AND MEDICINE

MH 212 **Presentation/Discussion**
This presentation will educate participants about the ways that a woman's individual spirituality can be complicated by the broader biomedical model of healthcare. Participants will share stories and talk about how to be more proactive during doctor/patient encounters.
Kathleen Welch, PhD, is a Clinical Associate Professor at the University of Missouri-Kansas City School of Medicine who teaches medical humanities courses that focus on way that cultural, spiritual and economic factors affect doctor/patient interactions.

SESSION II (Saturday, 4:00 - 5:30 p.m.)

BODY PRAYERS: THE EARTH DANCE

Outside (East/Behind AH) **Movement/Child Friendly/Ritual**
In this workshop, we will embody a prayer to the Earth. Step by step, we will learn the movements of this meditation that is similar to Tai chi. Whether this is your first time or if you have learned this before, come to

enjoy the experience of doing this "body prayer" in a group of women. The purpose of this workshop is to use movement and prayer as a means to re-connect to the Earth/spirit/body.

Hiyalah Indiga is the choreographer of the Earth dance, a yoga teacher and member of Body Prayers, a movement troupe.

TRANCE DANCE

Dance Studio **Movement**
In this workshop, we will learn to use shamanic dance (Trance Dance) to connect with the spiritual. Bring a bandanna if you have one!
Ava Su GanWei is the director of Xian Bi Ancestral Goddess Trance Dance Center in Iowa City.

FREE YOUR SINGING VOICE

Ostrander Auditorium **Musical**
In this workshop we will learn techniques for relaxed, healthy singing and develop more confidence in our ability to sing autonomously and read music. Basic concepts of how the voice works, how to sing in a healthy way, and the joy of making music will be covered.
Judy Fjell, singer, songwriter, performer and music educator lives in Montana and has been educating voices for over ten years. She is our Opening and Closing Ceremonialist this year, as well!
Three Muses Productions is a production company empowering women in the area of creative arts.

IN SEARCH OF THE CREATIVE SPIRIT

CSU 101 **Presentation/Discussion**
The acknowledgment of the creative spirit in everyone and the need to awaken and trust it is a powerful and essential element in life. The paper and slide presentation will cover the artist's journey, the development of her creative spirit, and will encourage a discussion exchanging ideas and questions.
Rea Mingeve has been developing her creative spirit since she was a child, and has continually sought opportunities to share the journey by exhibiting art work for the last 10 years and teaching art at the university level.

PEERSPIRIT TENFOLD CIRCLES (A NON-HIERARCHICAL WAY OF BEING TOGETHER)

CSU 201 **Experiential**
In this workshop, we will sit in circle together using the PeerSpirit principles of rotating leadership, shared responsibility and reliance on center (Spirit). We will experience what it feels like to be heard deeply, to listen with intention and to rely on Spirit to keep us centered. Rather than talking about how to come together in a non-hierarchical way, we will experience it.
Harriet Peterson and **Sarah MacDougall** are trained PeerSpirit circle practitioners who have transitioned out of their professional jobs in second culture into full time work bringing the PeerSpirit Circle into the world.

SACRED SITES OF THE BRITISH ISLES

CSU 202 **Slide Presentation**
In this workshop, we will view a slide presentation of the sacred sites of the British Isles. Questions, stories, and interaction with participants will make for a lively discussion!
Donna Niles and her partner, **Linda Baker**, regularly lead tour groups of the Sacred Sites through their business, Sacred Sites Tours, Inc. Donna reads Motherpeace Tarot.

HEARING THE CALL

CSU 203 **Discussion/Experiential**
This workshop will guide participants to self-understanding of their own spiritual call, and encourage the activist of one's own values. We will define life priorities, the greater vision, the obstacles and an action plan for each participant to initiate her own spiritual calling. Guided visualizations, simple paper exercises working in dyads, and a ritual of intentions will be used.
Christy Holden is a single mother of 3, entrepreneur, and is currently working in her doctoral dissertation on the topic of spirituality and work.

JOURNEYING WITH THE MEDICINE WHEEL: BRIDGING SPIRIT AND ENERGIES

CSU 204 **Experiential/Ritual**
During this workshop, you will be invited to find an animal spirit teacher to lead you through four elements of the Medicine Wheel. Your animal

teacher will help you to discover what information the energies hold for you to guide you on your spiritual path. You will be using a stone to carry the energy of the animal with you on the journey.

Kay Holm, M.Ed. Human Resource Development, is a Minister of Spiritual Counseling, D. Div., Great Sweet Medicine Wheel Initiate and Career Life Consultant.

SOUL RETRIEVAL AND SHAMANIC HEALING

CSU 253-255

Ritual/Discussion

(See Session I for Description and Bios.)

MOVEMENT TO AWAKEN TO EROTIC GODDESS WITHIN

CSU Ballroom North

Movement

An erotic movement/dance workshop to awaken and celebrate the erotic goddesses within each participant. Utilizing ritual, structured teaching, veils, and other dance items, this workshop emphasizes fun and ease of movement. Appropriate for beginners, "living room dancers," and movement professionals.

Linea Enockson is a mother, visual artist, belly dancer, and lover of goddesses from Minneapolis.

LANGUAGE OF EMPOWERMENT

AH 121

(See Session I for Description and Bio.)

WET-ON-WET WATERCOLOR PAINTING

AH 203

(See Session I for Description and Bio.)

DANCE AS VISCERAL THEOLOGY: THE TRANSFORMATION OF A VIRGIN DANCER

AH 209

Movement

Dance is visceral theology; it can provide union between the physical and spiritual for which we all yearn. Because we express ourselves in dance, we can be moved into a place of Oneness with our own Truth, and transformations occur. Dance becomes a metaphor for life's journey.

Ellen Swanson is a 54 year old holistic nurse who has just completed her MA in Human Development with a focus in breathwork, movement, and spirituality.

ARE LESBIANS THE CHOSEN PEOPLE?

AH 211

Presentation/Discussion

This workshop attempts to address the concerns of church groups finding that the Lesbian lifestyle is against God's law, as well as providing a greater understanding of our spiritual path. This premise will allow participants to better understand the reasons why some individuals are given especially difficult paths.

Connie Reynolds has a Masters Degree in Counseling and Guidance, has worked as a Psychotherapist, and is now operating her own therapeutic bodywork business.

CONNECTING AND CENTERING THROUGH WORD AND THE SACRED SELF CIRCLE

AH 214

Experiential/Ritual

This workshop will include a centering exercise to create a calm within. Those in attendance will be given an opportunity to journal about their own spiritual path in discovering their own sacred way of life. A Sacred Self Circle will be made by each person in attendance to take home. We will end with a connecting and grounding session.

Mary Lovold-Hearns, BAS Ed, is a writer, poet, artist, gardener, wife, and mother who integrates these into her own journey in discovering the Sacred in daily life.

PERSONAL REVELATIONS AND TRANSFORMATIONS: HAVING OUR SAY

AH 216

Ritual/Storytelling

In this workshop, we will use ritual and exercises to get in touch with who we are and what we know, and begin the process of telling our stories to others.

Ann Schwartz is a wife, mother, crone, nurse, and lover of freedom and sunshine.

Lynn Bower is a nurse and spiritual journeyer.

HISTORY OF EUROPEAN WITCH BURNINGS

AH 220

Presentation/Discussion

This workshop is aimed at people with little to no background on the subject matter and is intended to provide a brief historical sketch using a feminist analysis of the European witch burnings that occurred over three hundred years. This content may not be appropriate for young people.

Julie Wilbert is currently working in her MS Thesis in Women's Studies at MSU and works in Minneapolis.

HEALING TOUCH INTRODUCTION

AH 222

Experiential

Two simple but effective relaxation techniques will be taught with active participation. If time allows, a guided imagery may also be experienced. These techniques are meant to create a relaxed, healing state for the body.

Laurie Wernke, RN, HTP, and **Gloria Nichols**, ICBT, both have their own practice for massage and healing touch in South Dakota.

WHAT DOES FEAR WANT? EMBRACING THE BLACK GODDESS

AH 225

Discussion

Discover the answer to this intriguing question as we look at the Black Goddess as a source of wisdom, courage, and feminine power. Through acceptance of this dark aspect of human spirituality, you may learn there is nothing to fear.

Celeste Stokes is a lecturer, workshop leader, and a healer with a degree in Philosophy from Beloit College. She has lectures on music as a healing agent, alternative medicine, Chakras, and Sacred Sexuality.

WAYS TO WALK IN BALANCE: ANISHINAABE IKWE'S WAY (AMERICAN INDIAN WOMAN'S WAY)

MH 208

Discussion

Participants will have the opportunity to examine and discuss many of the practical methods of walking in balance used by the Anishinaabe Ikwe (American Indian Woman) which all contemporary women can use and practice to arrive at happiness and health within the mind, body and spirit. **Gladyce A. Nahbenayash**, Anishinaabe educator, Assistant Professor of American Indian Studies at UW-Superior and is working on her first novel.

THE TRUTH ABOUT HEALING RELATIONSHIPS

AH 232

Discussion

Diane will explain the unseen elements that dramatically create and affect your relationships and will assist you in understanding yourself and your relationship and how you can truly heal. Take an assessment of your relationship IQ as you discover the most frequent limitations to a fulfilling relationship. **Diane Rose** (See Session I for Bio).

SURRENDER VICTIMHOOD, CELEBRATE DIVERSITY

AH 233

Experiential/Ritual

Within a safe, spiritual context, we will examine our experiences of oppression, give up personal elements of victimhood, and reclaim our power to co-create a healthy and diverse community. Using an empowering ritual, we will celebrate our differences as gifts from Spirit.

Janet Shepherd, PhD, Licensed Psychologist in private practice specializing in healing work with trauma survivors, ritual maker, and spiritual seeker.

Miriam Kashia, MA in Transpersonal Psychology, MSW, Psychotherapist, wilderness adventurer, ritual maker, and wizing crone.

JESUS AND THE GODDESS

MH 206

Presentation/Discussion

Is there room for Jesus in a feminist, earth-based spirituality? Many of us who grew up in a Christian culture and religion continue to find the image of Jesus compelling or at least intriguing. Is there anything to be gained from allowing the two traditions to flow together? We will be exploring this issue, formulating questions, sharing spiritual journeys, and considering the possibilities in an atmosphere of mutual respect and openness.

Pamela Peterson, MA Theology, mother, dollmaker, "recovering Catholic," and pagan priestess on a continuing search for wholeness and truth.

SEEDS OF TRANSFORMATION: PLANTING TEXTS OF CHANGE AND DISCOVERY

MH 209

Experiential/Ritual/Discussion

An experiential-based workshop with a performance component, writing

exercises and ritual. Participants will identify spiritual beliefs about growth, change and transformation, and will identify tools of spiritual renewal and transformation.

Laura Littleford is a writer and performer who has published poetry, fiction, and creative nonfiction and teaches creative writing at the Loft and the U of M, Minneapolis.

MARY MAGDALEN: ANOTHER OF OUR GREAT MYSTICS

MH 210 **Presentation/Discussion**

The patriarchal voices in the early Church denied Mary of Magdala the leadership which Jesus appointed her. We will watch as artists, dancers, writers, and theologians reclaim the place of Mary of Magdala.

Lucy Edelbeck, a Wise Crone, has shared an ancient and ever new spirituality over a decade of years, founded and coordinates the Interweave: Women's Gathering, and designs *Lucy's Cards*.

CULTIVATING AND CONSERVING YOUR PERSONAL ENERGY SOURCE

MH 211 **Experiential**

Chi and prana are words associated with our vital life force. How we think and feel, make decisions about ourselves and our environment, and beliefs we hold, all impact whether we wisely use or thoughtlessly waste our energy stores. In this workshop, we will learn ways to cultivate and conserve this irreplaceable resource.

Neddy Thompson is a licensed psychotherapist practicing in an outpatient mental health clinic in St. Peter, MN and also studies Andean shamanism.

OPEN HEART

MH 212 **Presentation/Discussion**

This workshop will provide insights and exercises in ways to open the heart to its natural compassion. Among topics addressed in the workshop are mindfulness, gratitude, wonder, receptivity, generosity, celebration, and compassion.

Beth Bartlett teaches in the Women's Studies Department at U of M, Duluth and has written a book, *Journey of the Heart: Spiritual Insights on the Road to a Transplant* based on her experience of a heart transplant.

SESSION III (Sunday, 8:30 a.m. - 10:00 a.m.)

ENHANCING OUR SENSUALITY: EMBRACING THE SNAKE

Dance Studio **Movement**

We will practice movements that will help to free and balance the energy in the 2nd Chakra (abdomen area). We will discuss the symbolism of the serpent and experience the nature of the 2nd Chakra. Discover your inner snake by practicing undulating wave movements in the spine. **Hiyalah Indiga** (See Session II for Bio).

THEATER AS GOD-SPEAK: TRANSFORMING TRADITION

Ostrander Auditorium **Experiential**

Ancient religious parables and spiritual allegories can be the cornerstones upon which active spiritual conversations and sharing can be based. In this workshop, participants will be actively involved transforming "scenes" from various sources, such as classic "religious" play. Material will be chosen from several religious sources.

Kaarin S. Johnston is a professor of Theater at the College of St. Benedict where she is actively involved with creating new theater through improvisation and research.

Deb Saad is a theater major and theology minor at the College of St. Benedict.

THE CELTIC CROSS: WORKING WITH A MANDALA FOR SPIRITUAL EMPOWERMENT AND PERSONAL PEACE

CSU 201 **Experiential**

Access an inner peace and power through this alternative to victim consciousness. Release the need to respond to the world from a place of wounding and pain. As we access a wider reality of bright light, we begin to see with our spirit for a peaceful, personal empowerment.

Cecilia Farran, writer, performer, teacher of Celtic Spirit Path workshops, and seller of Celtic gifts of nature.

RECLAIMING CHRISTIANITY

CSU 202 **Presentation/Discussion**

The workshop will examine the stories of faith journeys brought by those who

come to the workshop. Discussion will focus on why and how we can reclaim Christianity for ourselves, in or out of a church with all its faults in the kingdom yet to come. What can we own and what could our contribution be?

Connie Kriewaldt, BA in Art Therapy from Mount Mary College, is currently enrolled in the graduate program of Pastoral Studies at St. Francis Seminary.

STONES AND THE CHAKRAS: HEALING JOURNEY

CSU 203 **Experiential**

During this workshop, you will be invited to find an animal spirit teacher in each of your seven Chakras. Your animal teacher will help you to discover what information each Chakra holds for you and how it may guide you on your spiritual life's and or healing journey. **Kay Holm** (See Session II for Bio).

OUT OF THE FLAMES: HONORING OUR WITCH ANCESTORS

CSU 204 **Ritual**

This workshop is for anyone who wishes to share in a very special Samhain ritual where our witch ancestors are honored and we reclaim our sacred elements. Personal items can be brought and placed on the altar to be blessed.

Carol Mackel is a solitary practitioner of Wicca for 5 years, mother of Jamie, and busy planning a handfasting with partner Michael.

Tina Gaskin started practicing Wicca at age 16 and has been a solitary for 13 years, married to Steve, and mother of four children; Brandon, Sabrina, Addison, and Kate.

BODY IMAGE: "BEAUTY" AS A RELATIVE CONCEPT

CSU 253-255 **Presentation/Discussion**

The harmful and false notions put forth by the fashion and beauty industry and pushed by the media are explored and exposed. The real meaning of "beauty" and self worth are discussed and shown through the body cast art exhibit.

Larry Kirkwood conceived of this project in 1993 and has been presenting lectures/exhibits throughout the country at universities, galleries and medical schools.

CHINESE HOLOCAUST

AH 121 **Presentation/Discussion**

This session blends history and culture to educate about Japanese atrocities in China from 1894-1945. Many visual tools, such as transparencies and photos will be used for a vivid presentation. Content may not be suitable for young people. **Ava Su GanWei** (see Session II for Bio).

PAST LIVES, DREAMS, AND SOUL TRAVEL: YOUR SPIRITUAL JOURNEY

AH 203 **Ritual/Experiential**

The workshop will give you tools to help you overcome fear and expand your awareness. We will look at how past lives affect you today in your current life, how dreams help your spiritual unfolding, and how Soul Travel is used to explore your inner worlds to find more wisdom, love, and understanding.

Heidi Skarie/Susan Miller/ Laura Skarie (See Session I for Bios).

MENT: CATAL HUYUK AND THE ATTEMPT TO DISCREDIT THE GODDESS

AH 209 **Presentation**

The re-opened archeological excavations at Catal Huyuk, Turkey, have been called "the dig of the new millennium." Catal Huyuk has become the epicenter for the clash between the Goddess movement and those who are intent on discrediting it.

Joan Cichon, MA in History, gives workshops and lectures on archeomythology, the life and work of Marija Gimbutas, the history of the Goddess, and how women can integrate the Feminine Divine into their lives.

SEX, LIES AND TRADITION: RE-IMAGING OUR HERITAGE

AH 213 **Presentation/Discussion**

Women who desire a personal spirituality that is supported by our tradition must aim to reconstitute that tradition from a woman-centered perspective, integrating our lived, embodied experience in the context of our received tradition.

Sharon Kanis, SSND, is an Assistant Professor at the College of Notre Dame of Maryland, and is currently a Doctoral Candidate in Religious Studies with an emphasis in Women's Spirituality at the Union Institute.

JOURNEY WITH THE GUIDANCE OF A MEDICINE MAN

AH 214 **Storytelling**
As part of this workshop, **Arlene Maria Perreault Stenberg** would like to share her journey to recapture her lost identity as well as recognize the things about her that were very cultural, though she did not recognize them as such. While she relates her stories in storytelling form, they are all true.

THROUGH THE GODDESS GATE: A SPIRITUAL PILGRIMAGE

AH 216 **Presentation/Discussion**
This workshop presents the search to connect with Native American spiritualities offering an appreciation of the multiple ways that the Female Divine was manifest in the ancient Mexican culture of the Central Highlands. **Cecilia Corcoran**, PhD. in Women's Religious Studies, and **Linda Mershon**, MA in Spirituality, are Franciscan Sisters who integrate feminist spirituality in their spiritual practice.

SPIRITUAL ENTRAINMENT: BECOMING SPIRITUAL ON THE PHYSICAL PLANE

AH 220 **Ritual/Experiential**
Diane Rose will act as a bridge to spirit for the group. The audience will learn to transcend the "glass ceiling" of spiritual growth by de-mystifying the hidden and built-in limitations of the physical world. (See Session I for Bio).

LOVING OUR BODIES INTO HEALTH

AH 222 **Discussion**
Growing up in a culture where women are de-valued has drastic consequences for our bodies as well as our psyches. Insights by Dr. Christine Northrup, Marion Woodman, and Mary Pipher will supply additional food for thought in this lively discussion. **Pamela Peterson** (See Session II for Bio).

EARTH CHAKRAS: HEALING FEMININE ENERGY

AH 225 **Experiential**
This workshop will explore the concept of healing feminine energy derived from the physical earth and entering the body through the Chakras. It will focus on the three feminine Chakras: Root, Solar Plexus, and Sacral. **Celeste Stokes** (See Session II for Bio).

SHAKER LIFE IN AMERICA, 1774 to 1999

AH 231 **Presentation/Discussion**
Principles of gender equality, shared governance, active peace-making, financial interdependence, and celibate communal life have contributed to 200 years of "experimental intentional communities" among Shakers in America. **Sister Karlyn Cauley**, S.D.S., MA, has become an authority on Shaker Life and Art working with museum audiences in NY and MA.

AFTER KOSOVO AND LITTLETON: YOU ARE THE ONE TO MAKE THE PEACE

AH 233 **Presentation/Discussion**
This workshop will examine ways you can help make peace after the random and organized violence and wars in our society lately. The goal is to empower people to help prevent future violence and wars. **Judi Poulson**, MS in Peace Studies/Global Interdependence has been a speaker/workshop presenter/sermon-giver on all aspects of peace and consciousness-raising.

TAKING CARE OF THE CARE GIVERS: REGENERATE AND CONNECT TO YOUR SOURCE

MH 206 **Experiential**
Women today work outside of the home, are household managers, and provide for the emotional well-being of spouse, children, parents and extended family. A variety of easy, 5-15 minute self-care exercises will be taught and practiced providing for different personal styles. **Janaki Jane**, teacher, has 18 years of professional experience in the healing field and is the founder and director of The School of Ethics-Based Spiritual Healing in St. Paul.

SHIFT YOUR POSTURE, SHIFT YOUR CONSCIOUSNESS

MH 209 **Experiential/Movement**
Our spiritual/emotional nature not only dictates our posture, but as we change how our Being is able to inhabit our physical and finer bodies. Learn some simple techniques for correcting your posture and bringing yourself

more into the present moment through body awareness.

Char O'Brien is a graduate of *Spatial Dynamics*, a five year course in Anthroposophical movement.

FEMINIST DIANIC WICCA AND POLITICAL ACTION: WORKING TO END OPPRESSION

MH 210 **Presentation**
This session will explore the basics of Dianic Wicca and its relationships to political activism. It will also present the basics of lobbying, coalition building, and educating political representatives.

Deborah Hoffman-Wade, Dianic Wiccan, has been a political activist for over twenty years and a member of the Re-formed Congregation of the Goddess/MN, also teaches for the Women's Theological Institute and SCTC.

RELIGION AND ABORTION AROUND THE WORLD

MH 211 **Presentation**
While a woman's right to abortion is played out in the political arena, most people make their personal decision based on religious principles. This presentation will step back from the national debate to consider global views on abortion.

Robin Taylor is a senior at UWEC. This presentation was the capstone research project for her BA in Religious Studies and Women's Studies.

GET OVER IT, NOW AND FOREVER!

MH 212 **Presentation/Discussion**
This session will help you identify how you process information through submodalities to either "get over" a bad experience, or keep experiencing it again and again. Once you understand what triggers your emotional responses, you can become the mistress/master of your moods instead of a pawn to them.

Patricia L. Linehan, PhD, Licensed Master Practitioner of Neuro Linguistic Programming, is the Dean of Research, Planning and Development at SCTC and is also a poet, wife, animal lover, organic gardener, and mother of three young sons.

Session IV (Sunday, 10:30 - 12:00 p.m.)

FREEING YOUR FEMININE WARRIOR SPIRIT

Outside (East/Behind AH) **Movement**
How is the feminine warrior different? In this workshop, we will learn to access our warrior spirit through simple physical poses, animal forms, silence, and stories. Bring a rattle if you have one!

Jenny Aquino Kendall has been a practicing feminine warrior through many years of working in university and corporate environments, and now is an independent technical training consultant, poet, herbalist, and jewelry designer.

PERCUSSION JAM

Outside by CSU Fountain **Musical/Child friendly**
This workshop will be an impromptu percussion jam. No instruments or experience are necessary, although personal instruments are welcome, as is experience!

Vetch is a pagan, poet, and ardent percussionist who believes that drumming connects us to the heart of spirituality.

DANCING IN YOUR VISION

Dance Studio **Movement/Musical**
The physical body has its own understanding of magic and miracles. In this workshop, we will explore the idea of using dance to help us weave a clear, concise vision of the world we would like to live in. Through the use of music we will move through the five rhythms and emotions, building on each one to end with a powerful physical connection to our ideal worlds.

Cat Thompson and **Frankie Richardson** (see Session I for Bios).

HOPE, SORROW, RELIEF, AND LOSS: RITUALIZING OUR SPIRITUAL EXPERIENCES OF ABORTION

Ostrander Auditorium **Discussion/Ritual**
The workshop will be a discussion on the spiritual experiences of considering, going through, and coping after an abortion. The workshop will conclude with a ritual that combines various elements of the discussion,

including feelings such as hope, sorrow, relief, and loss. This workshop is open to everyone regardless of personal beliefs about abortion. However, this work-shop will assume that abortion can be a spiritual, ethically and morally responsible choice for some women.

Kathleen George Kearney, is an abortion counselor for several clinics, graduate of the United Theological Seminary, and the Executive Director of the Minnesota Religious Coalition for Reproductive Choice.

IMAGES OF THE DARK GODDESS

CSU 101 Presentation

In a lecture accompanied by slides, we will explore the Dark Goddess in mythology, folklore, and art of the world. Ms. Biaggi will present her own artistic representations of the Dark Goddess.

Christina Biaggi, PhD, is an artist, writer and lecturer, and author of *Habitations of the Great Goddess* and the forthcoming *In the Footsteps of the Goddess*.

TRANSCENDING RELIGION: A TRANS-SPIRITUAL EXPERIENCE CSU 201 Storytelling/Ritual

The goal of this workshop is to expose participants to the rich and unifying insights of a variety of spiritualities, thereby enhancing the participants' own religious or spiritual traditions. It is our intent to create a safe and sacred space through ritual and storytelling.

Dana McCarthy is a musician and liturgist whose creative focus is the imaginative integration of poetry, movement, sound, and visual image in ritual.

Victoria Marr is a musician, teacher, and spiritual director with ten years of experience in developing and presenting retreats and seminars.

LOVING OUR LESBIAN SELVES

CSU 202 Ritual (See Session I for Description and Bio).

MULTICULTURAL HISTORY OF WOMEN AND MUSIC: FINDING OUR OWN VOICE

CSU 203 Musical

Females have historically endured the burden of a peculiar dichotomy. Women get to be "Eve" or "Mary" in pop music. Eve is more powerful and sexual but is characterized as an evil, predatory monster. Mary is seen as nurturing but boring and powerless. Through music, this workshop will explore aspects of both and beyond.

Judy Gorman MS, Art History, full time musician, formerly a teacher, oral surgery assistant, construction worker, community organizer, and program producer for WBAI 99.5 NYC.

OUT OF THE FLAMES: HONORING OUR WITCH ANCESTORS CSU 204 Ritual (See Session III for Description and Bios).

SPIRITUALITY AND THE GODDESS IN NATURE AND AGRICULTURE

CSU 253-255 Experiential/Performance
Create your own legend in spirituality through your life's experiences. Using the visual, performance, and healing arts, you will be guided through body-mind-soul connections. Focusing in light, the global impact each one of us has on spirituality, nature, and agriculture.

Corn Woman/Heidi Scott continues her path in eco-prosperity for the land and its peoples by expanding her knowledge of motherhood, farming, massage, yoga, and ceremony.

Dancing Fox/Deblyn Russell sister, mother wife, self-employed at Creative Connectionz, where she creates educational, interactive programs designed to improve well-being through visual, performance, and healing arts.

ACTIVATING THE SPIRITUAL MASTER WHO LIVES INSIDE OF YOU

AH 101 Ritual/Experiential (See Session I for Description and Bio).

VALUING WOMEN'S WORK: WOMEN JOINING WITH CAREGIVERS AND CHILDREN

AH 213 Presentation/Discussion
Child Care Works is teaming up with the Minnesota Women's Consortium to address the lack of value placed on the work women do. We will address

problems facing women who work in child care and women who depend on the child care to work. Through dialogue we hope to build a network of advocates who support good child care policies.

Nancy Johnson is the executive director of the Child Care Works, which is a coalition of child care centers, home daycare providers, parents and professionals in child care.

Grace Harkness is a coordinator at the MN Women's Consortium which works to help women keep in touch with each other across all boundaries and to work in the interests and needs of women in all sectors of society.

MYTH AND ITS ROLE IN OUR LIVES

AH 231 Presentation/Discussion
According to Carl Jung, we cannot stop worshipping gods and goddesses any more than we can stop growing hair. As humans, we have to hold some things holy and create stories about them. The goal of this session is to become more aware of the myths in our lives.

Jeanette Blonigen Clancy, MA Systematic Theology, teacher, writer, placing Christianity in the context of mythology and feminism.

THE STORY OF CHIPETA

MH 206 Presentation/Discussion
This is the story of Chipeta, Ute leader on the Colorado Frontier (1843-1924). She displayed courage, spirit, and tenacity throughout a challenging lifetime, yet she eventually died poor, blind, and alone in 1924. Together we will trace an almost forgotten life, discuss the process of "finding" her again, and honor Chipeta in our wisdom circle.

Barbara Pillinger, PhD, Professor in Student Development/Athletics and in Educational Policy and Administration at the U of M, Minneapolis.

SHE WHO REMEMBERS: A HEALING RITUAL

MH 209 Ritual
In the middle ages, nearly everything women did could be described as witchcraft because their lives invoked the Goddess in many little ceremonies. This workshop will create a respectful container in which we will invoke the fires of our creativity, reclaim the symbols of our people, and begin to open the healing practices and traditions lost to our culture. **Kara Vangen** and **Cara Carlson** (See Session I for Bios).

R U HUMOR CHALLENGED

MH 210 Discussion
This workshop is for everyone. It seems in our society that we've taken ourselves too seriously and have forgotten how to laugh. This workshop is aimed at reminding ourselves to see humor and laugh again in many different situations. We will learn techniques to add more humor daily to our lives. **Margaret Oibrekken** has presented the Humor Workshop since 1993 and also presents on aging, stress management, health, and money management...all of which requires a sense of humor!
Jeanette Fordyce has presented workshops in stained glass, small business, and currently teaches English to international students...she needed a sense of humor when occupying the same premise as Margaret for one year!

HEALING ENERGIES, HEALING TOUCH

MH 211 Experiential
This workshop is intended to introduce participants to the body's energy systems and demonstrate basic healing touch techniques. A brief history of hands-on-healing will be shared. The audience will work with each other to experience both giving and receiving therapeutic touch sessions. Join us to discover the power of your touch!

Penny Tower is a healing touch practitioner and ear coner, teaches a variety of classes in the Mankato area and is the mother of two wonderful daughters. **Rose Hettinga** is a nurse practitioner in Mankato, a healing touch practitioner in St. Peter, and teaches classes in the Mankato area.

LIVING YOUR SPIRITUALITY AT HOME

MH 212 Experiential
It is easy to be balanced and loving and spiritually centered while attending spiritual workshops, seminars, or meetings of like-minded people...but not so easy to translate those behaviors into daily living at home. This experiential, skill building session will help you live your spiritual balance at home. **Patricia Linehan** (See Session III for Bio).

Conference Information & Services

Past keynote speakers from 1982 to 1998 have included: Jeanne Audrey Powers and Alla Bozarth-Campbell ("Women and Worship"), Rita Gross ("Women's Lives in World Religions"), Maureen Fielder ("Spirituality and Social Change"), Rosemary Radford Ruether ("Language and Imagery"), Starhawk ("Building Communities of Resistance and Renewal"), Charlotte Black Elk ("Lifepaths of Women: Celebrating Self and Community"), Valerie Russell ("Spirituality and Social Justice"), Judith Plaskow ("Body and Spirituality"), Carter Heyward ("There Are Many Paths Up The Mountain: Celebrating Our Commonalities and Differences"), Luisah Teish (no theme), and Neala Schleunig, Carol Ann Russell, Rachel Tilsen ("The Power of Words: An Honoring of Meridel Le Sueur"), Jean Shinoda Bolen ("The Grail is the Goddess"), Karen Warren (Feminism, Spirituality and the Environment), Kate Rushin ("Something Within: Spirituality in African American Women's Literature"), Mary Daly (Re-Calling The Outrageous Contagious Courage of Women), Barbara G. Walker ("Feminist Spirituality: The Unguided Journey"), Sister Paula Gonzalez (Activism & Spirituality).

If you are interested in working on the 2000 Planning Committee, please stop by the Registration Table and let us know.

MEALS: The main cafeteria in the CSU will be open on Saturday from 7:30 a.m. - 2:00 p.m. and Sunday from 7:30 a.m. until 9:30 a.m. **A Continental-Style breakfast will be offered** for the first two hours on those days for a very minimal charge. In addition to the CSU dining options or leaving the campus for lunch, **there is a new lunch option available!** For only **\$5.25**, you can eat delicious, cafeteria-style food at one of our beautiful dining halls, less than a block away from the CSU from 12:30 p.m. - 1:30 p.m. on Saturday. You may pay at the door, but let us know in advance how many are interested. **There will be a Saturday night buffet** which will cost **\$12.00**. Please see Dinner Registration form for both.

DINNER MENU

Buffet which will include:

Red Beans and Rice; Meat Lasagna; Vegetable Lasagna
Marinated Vegetables; Tossed greens with choice of dressings
Steamed vegetables, hummus
Corn bread; pita bread
Coffee; tea; iced tea; lemonade
Assortment of gourmet desserts

PARKING: You may park in any lot or other legal locations on Saturday and Sunday. Lots 4, 6, or 4A will be the most convenient. Be aware you may **NOT** park in a Handicapped space without a permit.

EMERGENCY MESSAGES can be relayed during the Conference by calling MSU Security (507) 389-2111. A board for posting messages to other conference participants will be available in the registration area.

HOUSING: Those interested in housing must make their own arrangements. The following is a list of some of the area hotels and motels. * Indicates blocked rooms.

- * Country Inns and Suites - (507)388-8555
- Comfort Inn - (507) 388-5107 or 1-800-221-2222
- Super 8 Motel - (507)387-4041 or 1-800-848-8888
- Riverfront Inn - (507)388-1638
- * Holiday Inn Downtown - (507)345-1234 or 1-800-HOLIDAY (W & S Conf.)
- *Best Western Garden Inn - (507)625-9333 (3000) (Group #1009)
- * Budgetel Inn - (507)345-8800 or 1-800-428-3438 (Women)
- Mankato Economy Inn - (507)388-1644
- * Days Inn - (507)387-3332 or 1-800-325-2525
- Fairfield Inn - (507) 386-1220
- Americinn Motel & Suites - (507)345-8011
- Butler House Bed & Breakfast (507) 387-505
- Americinn - St. Peter - (507)931-6554
- St. Peter Motel - St. Peter - (507)931-3100
- South Side Motel - St. Peter - (507)931-4100
- Viking Jr. Motel - St. Peter (507)931-3081
- Green Lawn Motel - Eagle Lake - (507)345-3731
- Park Row Bed & Breakfast - St. Peter (507) 931-2495
- Budget Holiday Motel - New Ulm (507) 354-4145
- Holiday Inn - New Ulm (507) 359-2941
- Le Sueur Downtown Motel - Le Sueur (612) 665-6246

Campgrounds

Point Pleasant - Madison Lake (507) 243-3611
Minneopa State Park (507) 389-5464

SPECIAL SERVICES: MSU is wheelchair accessible. Anyone who desires special arrangements during the conference, call us at (507) 389-2077 at least 48 hours prior to the conference. A sign interpreter will be provided for the keynote address only.

CHILD CARE for children up to ten years of age will be available at the campus child-care center, Children's House, located at the Wiecking Center. Children's House will be open Saturday from 9:00 a.m. - 1:00 p.m., 1:30 - 6:00 p.m. and Sunday from 8:00 a.m. - 1:15 p.m. (**Note - children must be picked up for designated breaks.**) Costs will be \$20.00 for one day and \$30.00 for both days, per child. Please complete the Child Care Registration form and return with conference registration and payment. Children present at the conference site must be supervised by an adult. A maximum of three infants (less than one year of age) can be accepted for care. Child-care must be canceled by Wednesday, October 6, 1999 to be eligible for a refund. Conference Registration Is NOT Required For Children Age 11-16.

CHILD-FRIENDLY WORKSHOPS are noted in the program.

COURSE CREDIT: Those interested in taking the conference for one (1) credit in Women's Studies need to be aware that an **9:00 a.m. meeting in Centennial Student Union, Room 201** on the day of the conference is required and that the conference registration fee and meal are in addition to the tuition fee for credit. To register, fill in appropriate section on registration form, and mail tuition check to our address. **Failure to pay the conference registration fee will result in the cancellation of course registration.**

SCHOLARSHIPS: If the sliding scale conference registration fee is still prohibitive, we offer the following options:

- Apply for a scholarship for conference registration by contacting us at (507) 389-2077 no later than September 18. Limited funds are available and will be awarded on a first come/first served basis. We ask that only those who are truly excluded by the registration fee apply. You must call for prior approval.
- Conference registration scholarships are being set aside for women of color, and will be awarded on a first come/first served basis. To apply, complete and postmark registration form no later than September 18. Check "Women of Color Scholarship" on your form. You must call for prior approval.
- **Note:** *These scholarships DO NOT include meals, child care, or MSU tuition. Please note that even if you meet the scholarship application deadline, there is no guarantee that we will still have scholarships available, so apply early.*

OTHER INFORMATION:

- MSU is a chemical-free space. Smoking is NOT permitted in any MSU building. Burning of incense violates the non-smoking policy.
- The temperature in conference rooms is not within our control. Rooms tend to be hot... or cold! You may want to dress for hot but be prepared for cold.
- We are not responsible for lost or damaged property. There will be a lost and found site at the registration table.
- **IF YOUR NAME APPEARS TO HAVE A DOUBLE LAST NAME, WE WILL ALPHABETIZE YOU ACCORDING TO THE FIRST LAST NAME.**
- Conference participants should plan to bring pens, paper, art pads, drums, and other materials that might be used in workshops.
- A refund for the dinner ticket is available upon request, until Wednesday, September 29, 1998. You must provide your social security number. Dinner Reservations **canceled after September 29** will not be eligible for a refund.

For answers to any questions, call or write:

Women and Spirituality Conference
Minnesota State University, Mankato
109 Morris Hall
Mankato, MN 56001
(507) 389-2077

Access to Minnesota State University, Mankato

Highway 14 (coming from the West)
Exit to Highway 169 and use the following directions.

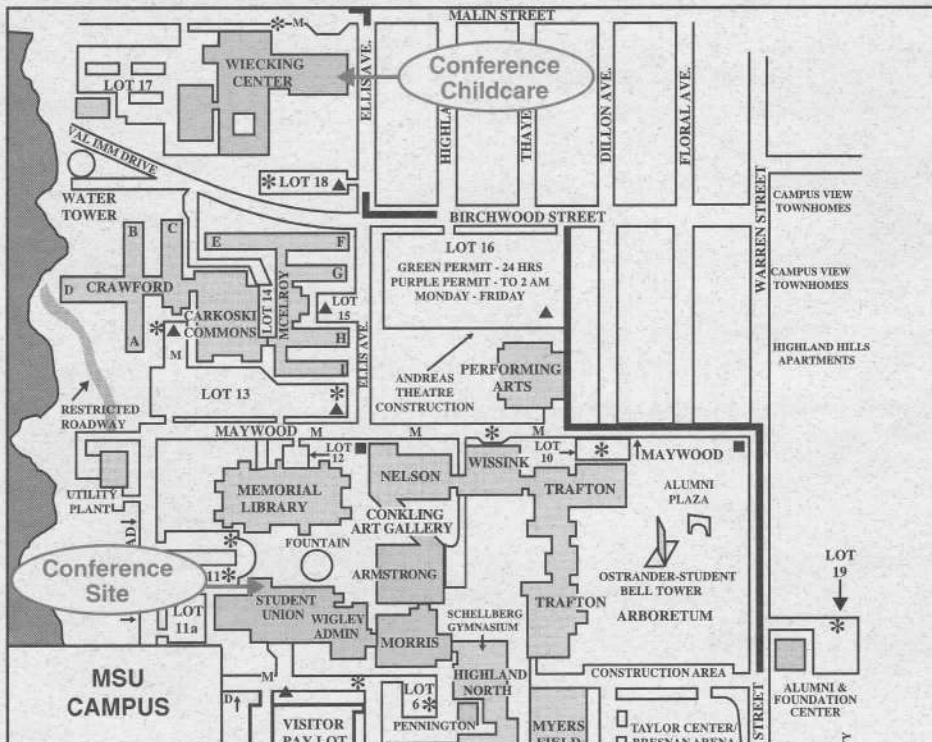
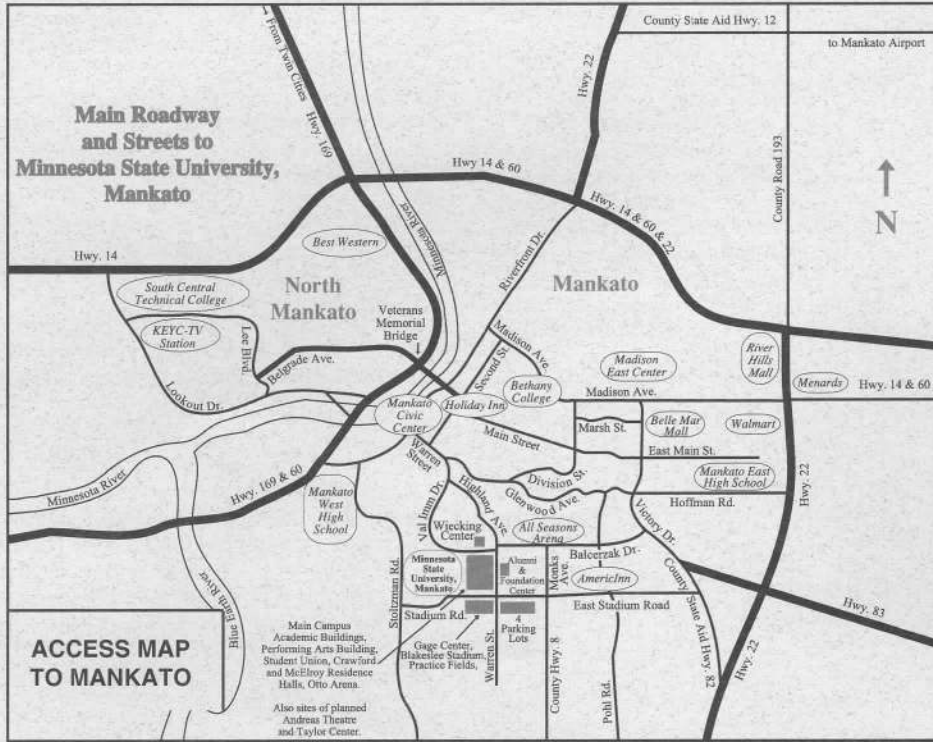
Highway 169 (coming from the North)
Take the Mankato/North Mankato exit. Turn left at the stoplight and cross the bridge into Mankato. Turn right at stoplight on Broad Street. Continue on Broad Street to third stoplight (Warren Street) and turn left onto Warren Street. Continue on Warren and take the right fork - Val Imm Drive - leading up the hill. At the top of the hill, you have arrived on campus. Use your campus map to find designated visitor parking.

Highway 169 (coming from the South)
Take Riverfront Drive exit. Turn right at the stop sign on North Riverfront Drive. At the second stoplight (Hardee's corner) turn right on Stoltzman Road. At the three-way stop sign, continue straight ahead and go approximately one mile.

Turn left at the State University sign on Stadium Road. Proceed up the hill. At the top of the hill, you have arrived on campus. Use your campus map to find designated visitor parking.

Highway 14 (coming from the East) Continue on Madison Avenue. Turn left at the intersection of Madison Avenue and Victory Drive. Continue on Victory Drive to Balcerzak Drive. Turn right and continue on Balcerzak to Monks Avenue. Turn left and continue on Monks Avenue and turn right on Stadium Road. In two blocks, you have arrived on campus. Use your campus map to find designated visitor parking.

Highway 22 (coming from South)
Turn left on Hwy. 83. Turn right at stop sign. Turn left onto Balcerzak at stoplight. Continue on Balcerzak to Monks Avenue. Turn left on Monks Avenue and then turn right on Stadium Road. Follow Stadium Road and in two blocks you will have arrived on campus. Use your campus map to find designated visitor parking.



REGISTRATION FORM

(DO NOT mail this form later than October 3, 1999!)
Registration is limited to first 800 people.

Registration must be postmarked by September 25, 1999 for reduced rates. Please DO NOT mail registrations past October 3, 1999. Make checks or money orders payable to: Minnesota State University, Mankato. Mail to: Women and Spirituality Conference, 109 Morris Hall, Minnesota State University, Mankato, MN 56001. For more information call (507) 389-2077. This form may be duplicated for multiple registrations.

One person per registration form. Please print neatly or type.

Name: _____
If you have a double last name, please circle or highlight name you want registration filed under.

Address: _____

City: _____ State: _____ Zip: _____

Day Phone: (_____) _____ Evening Phone: (_____) _____

- Please check if this is a change of address.
 Please check if you are not on our mailing list and would like to be.

Please check one:

Pre-Registration

- \$40 General (includes keynote)
 \$20 Minimum Income OR Student
 \$5 Keynote only (ticket required)
 General Scholarship**
 Women of Color Scholarship**

Postmarked after September 20:

- \$45 (includes \$5.00 Late Fee)
 \$25 (includes \$5.00 Late Fee)
 \$8 (includes \$3.00 Late Fee)

** PLEASE CALL FOR PRIOR APPROVAL 507-389-2077 (Limited number available)

Total enclosed: \$ _____ Registration fee (Includes Keynote)
\$ _____ Keynote Only fee
\$ _____ Dinner Saturday
\$ _____ Tuition credit cost (Separate Check Please)
\$ _____ Child Care
\$ _____ Total amount enclosed (Checks Payable to MSU)

LUNCH OPTION: Vegetarian, Vegan, and Meat options will be available.

- I am interested in the Saturday Lunch option for _____ number of people (Cost will be \$5.25 at the door).
 I am NOT interested in Saturday Lunch.

DINNER REGISTRATION

(Postmark Deadline September 25, 1999)

Dinner Ticket (Saturday night) - \$12.00

- yes no
 VEGETARIAN MEAT

PLEASE, WALK-IN REGISTRATIONS ARE DISCOURAGED!

* The general scholarships allow for women of various economic abilities to attend. We leave this to your discretion. Scholarships are available on a first come/first served basis. See the Conference Information and Services section of this program for details under the heading Scholarships.

** The women of color scholarships allow for women of color of various economic abilities to attend. Scholarships are available on a first come/first served basis.

If needed, receipts may be picked up at the Registration Table any time during the conference. Also during that time, conference information packets will be distributed.

CHILD CARE REGISTRATION

Send check with registration. Fee is \$20 for one day and \$30 for both days, per child.
Postmark Deadline: September 25, 1999

Days Needed: Saturday, October 9 Sunday, October 10

Children's Names and Ages: _____

Emergency Contact/Pager # _____

Parent's Name(s): _____

Special Needs: _____

Parents will assume responsibility for meals, formulas, and diapers.

FOR THOSE REGISTERING FOR CREDIT

You must pay the conference registration fee above in addition to tuition fees or you must be approved for a conference scholarship. Please send a separate check for tuition. As a reminder, Scholarships do not cover tuition, meals, or childcare. The following information is required. (If you are a current MSU student, you must register through MAPS.) If you have not been accepted to MSU, you must contact the Admissions Office (507) 389-1822 for an application. This must be processed along with a \$20 university admission fee before you can receive credit.

Social Security Number _____ Check one: Grade PN
Check one: _____

Credit in Women's Studies:

- | Call # | Course # |
|-------------------------------|-------------|
| <input type="checkbox"/> 7419 | 1790-260-01 |
| <input type="checkbox"/> 7425 | 1790-490-01 |
| <input type="checkbox"/> 7431 | 1790-590-01 |

Have you previously enrolled for any classes offered by MSU? yes no
Are you a resident of the State of Minnesota? yes no
Do you plan to work toward a degree from MSU? yes no

I am registering as: (Check one)

- Undergraduate resident
 Undergraduate non-resident
 Graduate resident
 Graduate non-resident

CONTACT THE BUSINESS OFFICE, (507) 389-2261
FOR SPECIFIC TUITION CHARGES.

USE OF SCENTS: Please note that we discourage the use of perfumes, colognes and other scents at the conference so that all who wish to participate may enjoy the weekend. For many people, this is a matter of being able to breathe. During the keynote presentation and opening celebration, half of the Ballroom will be designated as scent-free space.

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**WOMEN &
SPIRITUALITY
CONFERENCE**

(507) 389-2077

Minnesota State University, Mankato
Saturday and Sunday, October 9 and 10, 1999
Registration Check-In begins Saturday 8:30 a.m.

“Trans Liberation: The Basis for Unity”
Keynote Speaker: Leslie Feinberg

Two days of workshops, discussions, exhibits, dialogue, discovery and celebration. Scholarships and college credit available.
Registration forms and all relevant information are included in this program.

Co-Sponsored by Women's Studies, Social & Behavioral Sciences
and The Women's Center

WOMEN AND SPIRITUALITY

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