



12th Annual

WOMEN & SPIRITUALITY CONFERENCE

The Women and Spirituality Conference was born eleven years ago with an evening lecture attended by 75 people. The purpose was to provide a supportive and nurturing setting for a dialogue of caring and mutual respect between and among women and interested men from many spiritual and religious traditions. Since then the conference has grown to average approximately

800 participants with over 70 workshops. In not advocating or excluding any view, the Conference has always hoped and continues in the intention of fostering an understanding and celebration of similarities and differences. May we continue to aid one another on our individual and our communal spiritual journeys.

1993 Keynote Speaker



Jean Shinoda Bolen

Jean Shinoda Bolen, M.D., is a psychiatrist and Jungian analyst in private practice in San Francisco, Clinical Professor of Psychiatry at the University of California Medical Center, and a faculty member of the San Francisco C.G. Jung Institute.

She is the best-selling author of *Goddesses in Everywoman*, *Gods in Everyman*, and *The Tao of Psychology*. Her latest book is *Ring of Power: The Abandoned Child, The Authoritarian Father, and the Disempowered Feminine* (Harper-San

Francisco, May, 1992), with *The Grail and the Goddess* to follow. She is internationally known as an engaging and inspiring speaker.

Dr. Bolen is a Fellow of the American Psychiatric Association, and a past Chairperson of the Council of National Affairs of the A.P.A., a Diplomate of the American Board of Psychiatry and Neurology, a Fellow of the American Academy of Psychoanalysis, a Fellow and former member of the Board of Trustees of the American Orthopsychiatric Association. She is a Diplomate in Analytical Psychology from the C.G. Jung Institute of San Francisco, a member of the International Association for Analytical Psychology, and the Society of Jungian Analysts of Northern California. She is a past member of the Board of Governors of the C.G. Jung Institute of San Francisco, and past Chairperson of the Joint Certifying Board of the Northern and Southern California Societies

of Jungian Analysts. She has been a member of the Board of Directors of the Ms. Foundation for Women. She founded and co-chaired Psychiatrists for ERA, which was a major influence within psychiatry in the early 1980's, that evolved into the Association for Women in Psychiatry.

Dr. Bolen attended UCLA and Pomona College prior to graduating from the University of California at Berkeley in 1958. She then entered the University of California School of Medicine in San Francisco, receiving her M.D. in 1962, followed by a rotating internship at Los Angeles County General Hospital and a residency in psychiatry at the Langley Porter Psychiatric Institute, University of California Medical Center, San Francisco. Her analytic training was done at the C.G. Jung Institute in San Francisco. With her former husband she co-founded *Psychic* and *New Realities* magazines.

She is involved in exploring and linking the archetypal and spiritual dimensions of the women's movement, ecological concerns for the Earth, and nuclear disarmament, and is one of twenty-two women in the 1986 Academy Award winning anti-nuclear documentary, *Women — For America, For the World*, and was one of six psychiatrists and psychologists who participated in a three-day dialogue with the Dalai Lama, recipient of the Nobel Peace Prize, at the 1989 Harmonia Mundi Conference on "The Transformation of consciousness". She lives in Mill Valley, California, and has a son and a daughter in college.

Schedule

Saturday, October 9, 1993

8:30 - 10:00 Registration
10:00 - 10:45 Opening Celebration
10:45 - 11:00 Announcements & Welcome
11:00 - 12:30 Keynoter
12:30 - 2:00 Lunch (on your own)
2:00 - 3:30 Session I
4:00 - 5:30 Session II
6:00 Dinner

Sunday, October 10, 1993

8:00 Conference Site Opens
9:00 - 10:15 Session III
10:45 - 12:00 Session IV
12:00 - 1:30 Lunch (on your own)
1:30 - 2:45 Session V
3:00 Closing Celebration

The 1993 Planning Coordinators:

Ellen Dinsmore, Coordinator
Cindy Veldhuisen, Assistant to the Coordinator
Mary Flaten, Ceremony Coordinator
Sandra Tanner, MSU Coordinator
Debra Sullens, Presenter Co-Coordinator
Julie Boertje, Exhibitor Coordinator
Also, thanks to our Friends and Mentors, "Mothers" of the Women and Spirituality Conference

Golden Rules From Diverse Traditions

Native American: "The Universe is the Mirror of the People," the old Teachers tell us, "and each person is a Mirror to every other person." (Hyemeyohsts Storm)

Native American: Your mind, your relationship with yourself and others are reflected in everything around you: your intentions, your actions are causes which return to you as effects. Always there is the pure stream of light of mind within you; to be actualized in right relationship and actions for the good of all. (Dhyani Ywahoo, Tsalagi-Cherokee)

Christianity: All things whatsoever ye would have [others] do unto you, do ye even so to them: for this is the law of the Prophets. (Matthew 7:12)

Judaism: What is hateful to you, do not to [others]. That is the entire Law; all the rest is commentary. (Talmud, Shabbat, 31 a.)

Brahminism: This is the sum of duty: Do naught unto others which would cause you pain if done unto you. (Mahabharata 5, 1517)

Buddhism: Hurt not others in ways that you yourself would find hurtful. (Udana-Varga 5, 18)

Confucianism: Surely it is the maxim of loving-kindness: Do not unto others that you would not have them do unto you. (Analects 15, 23)

Taoism: Regard your neighbor's gain as your own gain, and your neighbor's loss as your own loss. (Tai Shang Kan Ying P'ien)

Zoroastrianism: That nature alone is good which refrains from doing unto another whatsoever is not good for itself. (Dadistan-i-dinik 64.5)

Islam: No one of you is a believer until [you] desire for [others] that which [you] desire for [yourself]. (Sunnah)

Gnosticism: If you bring forth what is within you, what you bring forth will save you. If you do not bring forth what is within you, what you do not bring forth will destroy you. (The Gospel of Thomas)

Wiccan Rede: And ye harm none, do what ye will, lest in thy self defense it be, ever mind the rule of three.

Workshops

Room Code

AH - Armstrong Hall MH - Morris Hall CSU - Centennial Student Union

Session I

Wondrous Wanderings of Wounded Winning Women Daughters of Daughters and Creative Can Do Spirituality

AH 205 **Experiential**
Aims to enhance our ability to celebrate living and recognize our creative can-do spirituality. Through a guided meditation on the topic of daughters of daughters using the ABC's of wounded winning women and creative visualization, we hope to rearrange the baggage we carry, handle our various wounds and get at the goddess within. Follow up with demonstration, various artistic approaches, collage, sketching, and soft sculpture. **Delores Cook**, age 54, mother of five, elementary teacher, special ed sub, cancer survivor, divorced, remarried to childhood sweetheart and soulmate.

Crone Power - In Search of the Wise Old Woman

MH 206 **Experiential**
Aging women are often viewed negatively by modern American society, and many women approach aging with fear. This workshop will attempt to dispel that fear, and help participants recognize the Wise Old Woman within themselves. Through discussion and specific exercises participants will begin to get in touch with their "Crone Power". Suggestions for further exploration and reading will be provided to workshop participants. **Gloria Cantor**, registered nurse specializing in mental health, a committed feminist, and a woman over 40 looking forward to becoming a Wise Old Woman.

Spinning the Chakras - Mending the Heart

AH 227 **Paper/Discussion/Ritual/Experiential**
Will concentrate on effecting a balance in the heart chakra by opening the participants' consciousness to an expanded level of awareness. - All that my heart desires will come to pass - **Mary Rivard Barnett**, visionary artist - Tree Bird & Crescent Moon and a certified massage therapist creator of body play - integrated healing techniques which promote the soul/body connection and inspire a person to balance. **Jody Ochs**, creator of feather moon designs jewelry that pleases the eye and touches the soul.

Healing From Sin-Talk: The Place of Pride and Power

MH 209 **Paper/Discussion**
Sin-talk made pride and power seem unnatural and improper in women. We will examine how religious messages taught us to obey a divine force outside of us and human forces in authority over us. It will replace the idea of power as control with power as strength. Participants will be led in identifying personally damaging messages and composing affirmations to counteract them. **Jeanette Blonigen Clancy**, M.A. theology, spirituality, writer currently working on a book bridging traditional Christianity with eclectic trends today, teacher, former advocate for victims.

Sex and the Goddess: Women's Erotic Rights & Creative Spiritual Power

AH 101 **Discussion/Experiential**
Sexuality for women is central to our self-esteem and sense of power, intricately linked to our awareness of being connected to the earth and all its creatures spiritually. The power of goddess archetypes lies in the fact that they're alive within the deep recesses of every woman's memory store. When we're shown the images we can recognize ourselves in them and they become guides to a celebrative acceptance of our diverse sexuality, models for a deep appreciation of our natural spiritual power. By relating these images to our

modern lives we can affirm ourselves in becoming effective co-creators of a sexually and spiritually balanced world.

Karin E. Weiss, 25+ years counseling sexual issues, and a lifetime's study of ancient feminine mysteries inspire my writing, seminars, and workshops on sexual-spiritual connections.

Getting the Love You Need

AH 306 **Presentation/Experiential/Discussion**
For those wanting to improve their love relationships and address areas of stress and conflict. A whole new system for dealing with conflicts and power struggles in love relationship while, at the same time, helping partners to heal each other's childhood wounds. The "romantic stage" and "power struggle stage" will be discussed and some experiential exercises demonstrated. A feminist adaptation of the theory and methods of Harville Hendrix, Ph.D. in his best-selling book Getting the Love You Want. **Connie Nadeau**, psychotherapist in private practice in Minneapolis, author of The Creative Journal and offers numerous workshops including Getting the Love You need.

Empowering Our Young Women: Model of a Women's Issues Class

AH 309 **Paper/discussion**
Women in the media; particularly minority women, how society views women, and how women view themselves will be topics covered in this session. Women need to value themselves for their minds, beliefs, values, knowledge and feelings- not their bodies. Areas such as sexuality, birth control, stress management, the dangers of smoking and drinking, domestic violence, and pregnancy will also be discussed. **Carol McMann**, graduate of University of Northern Iowa, wife, and mother of a 9 month old daughter, at Crow Creek High School for 4 1/2 years.

Gonna Get That God Right Outta My Head

CSU 253 **Discussion/Round table/Experiential**
Focus on releasing the "God messages" in our heads, hearts, and souls, in order to make room for a new personal spirituality. If you find it impossible to open up to goddess worship or adoration, chances are your head is filled with a patriarchal deity that refuses to go away. We will have a short discussion and then participate in an exercise to start that purging process. Then you can really enjoy this conference! **Genet Pierce**, second year graduate student in Women's Studies at Mankato State and a recovering Fundamentalist Christian.

Drawing in the Mystery: Affirming Diversity Through Art-Making

AH 217 **Discussion/Experiential**
Art-making invites us into our own images and the sense of wonder that is the seed of spirituality. This experiential workshop will use visual arts and/or writing and discussion to explore both individual and shared mysteries. Similarities and differences will emerge during our work together and we'll learn how art can be a tool and metaphor for affirming and celebrating our diversity. **Kate Wolfe-Jenson** is a therapeutic artist and business woman who combines art and spirituality in her work.

The Secret of Dreams, Soul Travel and Reincarnation

CSU 255 **Discussion/Spiritual Exercises/Talks/Audience Participation**
Your dreams and spiritual exercises can help you understand the many different influences in your life. Take this opportunity to learn ways that dreams, soul travel and an awareness of reincarnation can help you spirituality. **Pat Henderson**, ECK Spiritual Aid, 25 years an Eckankar, is a minister and on the Eckankar International Council. Has done workshops, talks, book discussions and roundtables for 24 years, artist, sculptor and writer, mother of five. **Dr. Sondra Traylor**, holistic chiropractor and nutritionist who has been practicing the spiritual exercises of Eckankar for 18 years. She is a member of Eckankar clergy and has lectured in Europe and the United States.

Discovering and Understanding Your Intuitive Abilities

CSU 101 Experimental
This workshop will run two sessions, I and II. Aimed at gaining a greater understanding of intuitive abilities through discussion and experiential processes. Discover aura, initiate a sense of clairvoyance and clairaudience, activate skills in other areas such as psychometry and learn some knowledge of the functioning of quartz crystals.
Patricia Chapman, natural clairvoyant, metaphysical teacher for 15 years, Blind Awareness facilitator, spiritual counselor for 25 years, healer, committee member for 2 national retreats for 14 years.

Spirituality and Creative Potential

AH 220 Experiential/Discussion
We will begin with the use of creativity as a bridge to spirituality and who is the inner child. Demonstration with a doll and talk about the wounds and how the wounds stop internal freedom and hold fear. Cautions will be given and precautions taken if people get scared because we are looking for healing, not to retraumatize. Short discussion on affirmation as a needed permission giver for healing and then experiential with clay and movement. Each individual will be encouraged to explore their own bridge and how to incorporate their creative potential.

Karen Sackett, R.N., graduate school student, therapist, FREE TO BE groups for chronic trauma and incest survivors, ceramic artist, author of "Empowerment for Learning", on a spiritual journey of love and freedom.

Patt Marr, M.S., M.A., a community college instructor teaching classes in managing stress, death, dying, grieving, relaxation, and movement without fear, is a therapist and on her own spiritual journey.

Strengthening the Partnership With Pets

AH 216 Discussion/Child Friendly
Pets today share a partnership in our lives. This workshop will help you connect with your pet spiritually, emotionally and physically. You will learn how to connect on a higher level with your pet. Some massage techniques will also be taught.

Michele Jacobson, a Twin Cities psychic who has channeled pet energies, works in human potential.

Angie Jacobson, animal groomer and behaviorist. Michele and Angie are a mother/daughter team who have had a variety of different pets over the years.

Motherpeace Tarot: Sacred Images of the Feminine

AH 213 Discussion/Experiential
The imagery in the Motherpeace Tarot reflects the power and beauty of our own divine feminine. Experience how these ancient images can be used to awaken and deepen your inner spiritual connection.

Kate Greenway, professional Tarot reader and teacher, uses symbols and imagery as a way to bridge the inner and outer worlds.

The Breast of God: Re-Imaging the Trinity

AH 215 Paper/discussion
The concept of the Traditional Christian Trinity - Father, Son, and Holy Spirit - will be re-imaged into a new theological and psychological paradigm. The Breast of God, the new Trinity paradigm, encompasses the same activities, creator, God Beside, God Within, from a more abstract, yet womanly image.

Dawn Hofstad Strommen, entrenched in spirituality issues since birth, has lived in Minnesota, South Dakota, Illinois and East Africa, she has an M.A. from Loyola University of Chicago.

Words of Choice: The Use of Language in the Abortion Debate

AH 222 Discussion/Child Friendly
Focus on Choice issues from a cultural and religious viewpoint. The goal is to find common grounds and address the real issues of women and children.

Elsa Batca, Director of Social Action and Community Education at the Minneapolis YWCA. She serves on the Board of Directors of the Religious Coalition for Abortion Rights of Minnesota, of which the YWCA is an organization member.

Alice Cowley, long time activist and community organizer.

Of Wolves and Women: Reclaiming the Instinctual Feminine

AH 121 Experiential/Movement Activity
The focus will be to strengthen our connection to our instinctual selves, to strengthen our self-respect, self-care, self-regard so that we will evoke those attitudes toward us from others. Contacting wolf-energy is about making boundaries, setting limits, and saying no, even when that feels risky.

Anne Firestone, M.A. facilitates workshops at the Oasis Center in Chicago and spends her weekends volunteering at the Timber Wolf Preservation Society in Greendale, Wisconsin.

Journey With Your Spiritual Guide

CSU 203 Discussion/Experiential
Guided meditation that will take participants on a journey with their spiritual guide. Discussion about experience, what information they received and how they might use the information to improve their spiritual life.

Judy Nelson, 10 years experience in mental health, currently in private practice in Coon Rapids, MN, specializes in re-parenting, inner child healing, incest/sexual abuse and 12-step recovery issues.

Mary Kahle, recently received masters degree in Psychology, 5 years experience in a variety of mental health settings, much personal recovery experience.

Metaphors

AH 209 Paper/Discussion/Experiential
This is an overview of creative techniques that use metaphors to explore self image and increase personal power. Metaphors will be created using ritual, dreamwork, fairy tales, journaling and drawing with the non-dominant hand.

Katelyn Thompson, M.A. LGSW, certified art therapist, with training in play and sand play therapy, 7 years of experience with EBD children and their families, in residential treatment settings.

Coping With Our Spiritual Roots

CSU 204 Experiential
A guided meditation and discussion on how we are helped and hindered in our spiritual journeys by our spiritual history.

Lisa Bennett (Spiral) is a Wiccan priestess with a background of study in religion and meditation.
Vonnie Linnell, has both a work and family environment that severely restrict her personal expression of spirituality.

Waiting to Exhale: Feeling the Loss of Dreams

CSU 201 Ritual/Experiential
Why didn't anyone ever tell us that fairy tales aren't true? This workshop will help us identify and grieve the loss of our dreams and offer a safe place to create new ones through ritual and sharing.

Patti Christensen and Shelley Jacobson, formed and were part of a ritual group in the Twin Cities for over two years. They continue to celebrate rituals on a person level, and by crafting and leading rituals for individuals and groups. Recent offerings include a ritual group entitled "Something About the Women in My Life" and a rejuvenation day for "Women Who Do Too Much".

Holding Each Other in Wholeness - Touching Soul to Soul

CSU 202 Experiential
Experience the rare gift of safe touch - feeling both connection AND respectful spaciousness. Developed as part of BRETH (transformational breath journeys), High Touch is a loving, supportive way to be with anyone - ourselves, friends, clients, or lovers. After a demonstration we will practice High Touch in partners - a very concrete way to experience creating safe space and respecting boundaries.

Kay Grindland, trained BRETH facilitator, leads BRETH workshops, does individual BRETH work in the Twin Cities, is also an environmental singer/songwriter and storyteller.

Don't Sell Out On Yourself! Expressing Oneself Assertively

AH 210 Lecture/Discussion
A strong dose of assertiveness can go a long way in helping women find their own voice! In this workshop participants will name forces that limit them and identify behavior patterns which enhance self-esteem. They will be invited to practice assertive methods to articulate their own truth.

Michelle Meyers and Kay O'Neil, Catholic Sisters, have made their conscious contribution to social justice by creating and team teaching courses, seminars, and retreats in women's studies for twenty years. They have modeled and taught assertiveness as a way of life which promotes human dignity and challenges unjust structures.

Confronting the Mystery: "What is that?"

AH 211 Paper/Discussion
Techniques, approaches and avoidances will be discussed and shared in greeting the major and minor mysteries in our lives. What is that unknown? Am I afraid? Do I kill it? Do I embrace the unknown? Is it a part of me? How do I consciously integrate the unknown? Dreams, Storytelling, Writing, Physical Expression are all points to go out from in this Search. Bring a creative piece to share.

Betty Benner, writer, editor, dreamer, grandmother, storyteller, masseuse, works in an Austin, Minnesota community support program, graduate of Mankato State Teachers College in 1948.

Pam Musehl, writer, mystic, grandmother, crone, storyteller, dreamer, humorist, domestic goddess, word merchant, survivor, adventurist, poet and moderate extremist.

Separation and Divorce as an Opportunity for Initiation

AH 212 Discussion/Experiential
By unraveling the mystery of separation and divorce the healing process can begin. The Chrysalis of this experience can result in an initiatory experience creating new growth, empowerment and a catalyst for change.

Laurie Savran, attorney specializing in divorce work in Minneapolis, certified teacher of The Radiance Technique[®] and is developing her creative writing skills.

Cal Appleby, instructor at Metro State University, has taught college courses in psychology and sociology in adult prisons and other institutions, has been a spiritual teacher for many years in areas of death and dying, past life counseling, Buddhism and addiction and mysticism, writes a monthly column for Lake Harriet Community Church.

Harnessing The Power of the Drum

Indigo Movement Activity
This workshop will briefly cover the background of drums and the use of drums in ritual. We will spend most of the time working on playing drums and learning when to drum and when not to drum in ritual. Drums not provided! Bring your own.

Debra Sullens, has led drumming workshops for several years, has been instrumental in the formation of a local drum circle, very interested in helping women find the power and joy of the drum.

Marianne Kollar, has participated in, and led, drumming for rituals, is the coordinator of a Stillwater drum group.

Crone - Wise Woman - Discovering our Stories

AH 211 Discussion/Experiential
Tribal cultures believe that the gray haired grandmothers carry the wisdom stories of each culture. Our high-tec world has misplaced this power resource. Re-embrace the Crone. Re-own the stance of power, the place of honor and the heart of wisdom.

Shinan Barclay, author, storyteller, woman's counselor and founder of the Grandmothers Lodge in Sedona, Arizona.

Peggy Milbrandt, storyteller, spiritual counselor, wise woman from Rochester.

Session II

The Alchemy of Incest

AH 211 Discussion/Ritual/Experiential
On some level we have all been incested by centuries of patriarchal thought. Incest blows our sacred spiritual-sexual circuits. Alchemy and healing come through activating "sacred cow plop woman." Empowerment comes by embracing the gifts of the father. As we go from victim to victory we midwife our soul and our planet. Not recommended for women who have not resolved rage and blame. This is a spiritual process of personal responsibility and transpersonal ownership for the "Rape of the Planet."
Shinan Barclay, Ph.D. Humanistic Psychology, author of *Flowering Woman - Moontime for Kory* and *The Sedona Vortex Experience*, counselor, workshop leader, incest survivor and wise woman.

Wrestling Aphrodite: toward the mastery of fire, the development of the creative will

AH 222 Paper/Discussion
The Venus/Aphrodite archetype is far more complex and powerful than understood within western culture. This suppressed goddess when understood more fully in Her ancient role as a fertility goddess and goddess of the wilds holds an important key to releasing creativity in contemporary women. Primary issues facing Aphrodite women are: relating versus creating, focusing, trusting intense creative energy, learning to sustain creative effort and developing follow through so completion is no longer a problem.
Andrea Steffens, Ph.D., C.E.T. (Certified Expressive Arts Therapist), a performance poet, playwright, radio producer, author, educator and psychotherapist trained in Jungian (archetypal) psychology and practitioner for twenty years.

Honoring the Crone

AH 213 Discussion/Ritual
In this workshop we will share information about crones from many cultures. We will share our knowledge by discussing aspects of the crone, and sharing crone stories and rituals. Workshop participants will be encouraged to share their crone stories with the group.
Jennifer Jessep, poet, storyteller and an ESL (English as a Second Language) teacher for the Rochester public schools.
Jane Thedin Gunderson, a woman who balances between the concrete world of finance and the mysteries of motherhood.

Menstruation Celebration

Indigo Discussion/ritual/Experiential/Movement Activity/Child Friendly
As women in Euro American society we receive many negative messages about menstruation. We will share and release our negative messages, briefly discuss cross-cultural perspectives, and move into celebration of how our menstrual cycles can empower us, connecting us to the cycles of Earth and the flow of life.
Janet Edwards, graduate student in plant pathology, mother of two daughters, prairie person, Earth woman and garden artist
Lois Joy, mother of two, singer, songwriter, poet, artist and all around lover of life.

Transform the Butterfly From Within

CSU 201 Experiential
A gentle meditation using the technique of the butterfly. Throughout all stages and ages of life, healing comes from within. Empower the healing technique by using the body senses and emotions into everyday life. We will be making a symbolic healing pouch.
Nancy Oliver, preschool teacher for 18 years, working on a B.A. degree in Communication at Augsburg College, single parent of two, writer of poetry, has a two year degree in Early Childhood Education.
Elle Oxley, B.A. degree in Early Childhood Development, was a directress/owner of a center for 13 years, has a AA degree in nursing, currently working in the health care field, educated in therapeutic massage, mother of one.

Healing Our Wounded Spirit Through Affirmation

AH 206 Discussion/Experiential
No matter what spiritual traditions we express or diverse backgrounds we come from, we all have one thing in common, the need to be affirmed. During our time together we will explore basic developmental affirmation messages that apply to each one of us and discover their mysterious power in helping us heal from the trauma and unmet needs we experienced as children. We will discuss how the messages help us: Restore our freedom to be ourselves, express our creativity, claim our independence and wholeness, identify who we are as empowering women of society, choose effective ways to accomplish things, and respect our personal spiritual journey.
C. Annette Bodmer, M.A., owner of Affirmation Enterprises, Licensed Adult and Family Life Educator and Families in Transition Consultant, author of "The Gift of Affirmation" and "the VIP K.I.D.S. (Kids in Divorce Support) Klub" curriculum.
Karen Sackett, R.N., graduate school student, therapist, "Free to Be" Groups for Chronic Trauma and Incest Survivors, Ceramic Artist, author of *Empowerment for Learning on a Spiritual Journey to Love and Freedom*.

Serving the Light: A Workshop for Planetary Healers

AH 121 Lecture/Discussion
Many people today feel called to service in humanity's awakening and the task of planetary healing. There is no time for fear or withholding from love, truth, and healing in our world. Come together with other healers and gain strength and confidence to step forward in your own unique service.
Mary Hayes Grieco, psychic counselor and radio show host in the Twin Cities, and author of *The Kitchen Mystic. Spiritual Lessons Hidden in Everyday Life* by Hazelden.

Honoring Each Other, Honoring Ourselves: A Multicultural Ritual of Story and Song

CSU 255 Ritual/Experiential/Storytelling
Within a ritual focussing on world peace and intercultural understanding, we will explore a number of African, Asian, European and Native American goddesses: we will sing their praises, listen to their stories and experience their power. Diversity training is one of the

most significant recent trends within the women's movement. This workshop will incorporate a number of its insights.

Nancy Vedder-Shultz, Women's Studies lecturer at UW-Madison, performer at National Women's Music Festival, new cassette "Chants for the Queen of Heaven", contributor *The Womenspirit Sourcebook*, former presenter (1991), Euro-American.
Peg Carlson, co-founder/past Chair at Central Midwest Unitarian Universalist Women and Religion Committee, retiring board member Continental Unitarian Universalist Women's Federation, publishing the curriculum "Rise Up and Call Her Name: A Woman-Honoring Journey into Global Earth-based Spirituality", storyteller, former presenter (1990), Euro-American.

Humor is More Than a Laughing Matter

AH 210 Discussion/Experiential/Child Friendly
Identify and recognize the rewards of your unique sense of humor. Build your awareness of the importance of laughter to general physical and emotional well being. We will laugh and practice some humor skills.
Nancy Scheibe, degree in communications and counseling, artist, humorist, trainer, counselor, clown and mother, owns Creative Journeys - a company dedicated to assisting others grow through the use of intuitive arts.

Temple Maintenance: Exercises for the Body and Soul

OSU 202 Experiential/Movement Activity
Learn techniques for maintaining our physical health, vigor, strength and flexibility as well as our spiritual health i.e., centering, balancing and toning the body/soul connection.
Sueanne Johansen, African-American woman with experience in leading successful woman's exercise groups in Northfield since 1988 with special focus on large women.

Moving Through Mystery - "Tijah": A Moving Meditation

AH 209 Movement Activity
"Tijah" is a meditative movement form which combines the elements of Tai Chi, yoga, and dance. It is a breath oriented experience that centers, aligns, and opens the flow of life energy (chi or prana) to enhance body awareness, mobility, and overall range of movement.
Deb Schubert, doctoral degree in dance education and currently teaches at Gustavus Adolphus College, is a 3rd degree Reiki practitioner.

Wimmin of Color Goddesses and Rituals

AH 211 Paper/discussion/Ritual/Experiential
To identify Goddesses, folk lore, and rituals from the culture of Wimmin of Color with a major focus on Africa. There will be demonstrations on how to set up altars using ordinary, inexpensive items, discussions on how to create personal rituals drawing from old traditions and discussion on using visualization in rituals.
Nora Blalock, African-American, self published writer of poetry and non-fiction, graduate student at Mankato State University, Wimmin's Studies, radical womanist.

Magic and Spirituality

AH 212 Paper/discussion
Focus on magic as a spirituality firmly grounded in the natural world and our connection to it - a spirituality where we can rediscover our own true essence and energies and to manifest that essence through interconnection with the flow of life energies everywhere. My "paper" is a personal project to clarify and communicate my own spiritual/magical development and to put into words what magic is and how we connect with it. I believe I have gained some insights, which may be interesting to others on many various personal spiritual paths.
Mary Siebold, teacher, librarian, feminist, an avid reader, a woman solitary and seeking connection with life's magical energies.

Self Love and Artistic Expression

AH 205 Paper/discussion/Experiential
Self love and artistic expression are normal, natural responses to life. Yet we grew up learning it was somehow more acceptable to disapprove of ourselves and to channel our own creative power into socially approved feminine activities or to abort it altogether. We are learning how to take back our power. It starts with self love and flows naturally into artistic expression.
Heather Williams, H.W.M. ordained mentor and artist, paints, writes, and teaches people to love themselves and their artistic expression.

HeartPath Spiritual Networking™

AH 209 Discussion/Experiential
A forum to increase the feeling of commonality, create new friendships, build trust, release old judgments, share wisdom, and have fun! Understanding that all "paths" with heart are based in harmlessness to others, HeartPath Spiritual Networking™ creates opportunities for folks to support each other on these various paths to help humanity and our planet.
Anita Halcyon Cooley, President of HeartPath Spiritual Networking™, spiritual cheerleader for those choosing to live their heartpath. Past President of HDP Associates, an international speakers bureau.

Tai Ji: Listening to the River Flow

CSU 203 Movement Activity
Tai Ji is not only the art of moving meditation but is benefit for the physical body. It helps breathing, movement of joints, and increases cardiac output. To practice Tai Ji is to enjoy your body, your movement, your life and your awareness fully and clearly.
Avis Davis, registered nurse, gerontologist and kinesiologist, has studied and practiced Tai Ji for the past five years, is listed in the 1989 "Who's Who of American Nursing"

Eros and Psyche - the Myth as a Path of Women's Initiation and Development

AH 117 Paper/Discussion
This workshop will examine Psyche's journey in the myth as a path of initiation. Psyche's personal development is reflected in her relationships to inner aspects: father, husband, god of love, mother, wife, sisters, goddess of love, animal instincts, and the renewing self. Despite many difficulties and being required to journey alone, Psyche finds the courage to persist, to confront her destiny, to choose, love and to gain personal sovereignty.
Phyllis Vosbeck, Ph.D., is a licensed therapist in private practice in San Diego, works with dreams, active imagination, journal, myth and the body.

Psychism: A Practical Approach and Demonstration

AH 102 Demonstration/Presentation
A practical demonstration of "psychic" work in action and background information to prepare participants for the psychic messages to be relayed to as many people as time allows.

Elaine Toft, Heart Journeys Graduate, intuitive consultant and body worker, group facilitator; leads individuals and groups into discovery of themselves and what they're here for; grandmother and soon-to-be author of "What It Takes To Be Alive Inside Your Life."
Dixie Tollefson, Heart Journeys Graduate, mother and operations manager of a trucking firm in Marshall and of Heart Journeys International of St. Paul.

Selú - The Corn Mother Tradition in Native America

AH 215 Discussion/Experiential/Round table
The presentation will include a slide presentation and video presentation from "Sacred Door" exhibit.

Nadema Agard-Smith, visual artist, educator in multicultural and Native American arts and culture, visual arts instructor, Bemidji State University.

Sex and the Goddess: Women's Erotic Rights and Creative Spiritual Power

AH 101 Discussion/Experiential
Karin Weiss See Session I

Discovering and Understanding Your Intuitive Abilities

CSU 101 Experiential
Patricia Chapman See Session I

Getting the Love You Need

AH 306 Presentation/Experiential/Discussion
Connie Nadeau See Session I

Empowering Our Young Women: Model of a Women's Issues Class

AH 309 Paper/discussion
Carol McMann See Session I

Gonna Get That God Right Outta My Head

CSU 253 Discussion/Round Table/Experiential
Genet Pierce See Session I

Drawing in the Mystery: Affirming Diversity Through Art-Making

AH 217 Discussion/Experiential
Kate Wolfe See Session I

Session III

A Ceremony of Dreams

CSU 254 Ritual/Experiential/Movement Activity
Dreams contain powerful spiritual energy which can carry us into new ways of expressing ourselves. In this workshop, we will share dream experiences through words, sounds, and movement. Each dream will offer a gift to the group, and together we will reverently and playfully shape the ceremony.

Mary Flaten, M.A., M.A.T., is a dream educator and designs generic sacred rituals.

Descent and Return from the Underworld: Depression, Creativity, and Wisdom —

Jean Shinoda Bolen AH 101

A Jewish Feminist Talks About the Shekinah, Lilith and Other Women's Mysteries in Judaism

AH 213 Discussion/Ritual
Stories of women portrayed in Jewish history, folklore and myth. Hear the stories of Miriam and Huldah amongst others. Taste the seasonal challah. Experience hierarchical and gender free prayer.

Ruth E. Jacobson, Jewish feminist, founder of Foundation for Fairness in Language, B.S., M.A.

Ritual Mysteries: Winter Solstice Celebrations Thru Time

AH 306 Paper/Discussion/Ritual/Child Friendly
This workshop will cover an overview of earth based rituals - we will review the wheel of the year and focus on winter solstice celebration stories throughout history. We will close with a short participatory ritual. Bring your musical instruments.

Terri Berthiaume Hawthorne, M.S., teaches Women's Studies at Mankato and Metro State Universities, co-author of "Stars in Your Bones: Emerging Signposts on our Spiritual Journeys" and "Many Faces of the Great Mother".

Diane Berthiaume Brown, educator, director of CLEAR Continuing Ed Program in St. Paul, co-author and illustrator of "Many Faces of the Great Mother".

Slide Interpretation of Contemporary gospel Music/ Meditation/Designs of the Creator - Nature Slides with Music

AH 211 Experiential
The contemporary Gospel music is presented with slides of stained glass windows, people, nature and abstract slides. Seven songs are presented including "El Shaddai", "Let there Be Praise", "Undivided", and "I've Just Seen Jesus". The taped music is by "Chapter 2" a well known Wisconsin gospel group.

Corrine Windus-Howard, began photography in 1983, many of which have been published, had three one-woman exhibits.

James Howard, retired keyboard teacher, in charge of all musical background (tapes).

Ancient Art of Smudging

AH 117 Discussion/Ritual/Experiential
All ancient cultures used smudge as a tool to purify their space. Learn the why's and how's of this powerful ceremony. Judy will lead a seven direction meditation and all will receive a thorough cleansing.

Judy Garrison, has been smudging for three years and speaks openly of her personal changes.

To Mother With Love

AH 222 Discussion
Empowerment will be sought through poetry and discussion. We will analyze, interpret and feel the connection and meanings of peace vs. war and violence, women and the earth and its spirituality. The aim is to raise consciousness levels and lead you to action.
Judi Poulsen, B.A. Sociology/Psychology, M.A. Peace Studies/Global Interdependence, does presentations on peace issues; poetry of women, peace and the earth, taught three states, given over 200 presentations/talks; presenter at all former Women and Spirituality conferences.

WOMANSONG: The Mystery and Vision of Women's Original Music

AH 205 Original songs/Personal story
The mystery of the many faces and voices of women is expressed in one woman's original songs, all written in the second half-century of her life. How a woman, born into traditional structures and expectations, uses music to celebrate joy, work through rage and pain, and at last seek her own identity and wholeness is explored in the honesty and intimacy of her original songs and persona story. Allowing herself the freedom to compose lyrics and music using the promptings of the inner womanself, the presenter offers fresh perspectives on universal themes.

Dody Davies, Christian feminist composer, performer, recording artist, soprano soloist, social justice activist, picketed with Willmar Eight bank women, presents concerts and workshops throughout Minnesota and out-state.

Body Bliss: A Multi-Dimensional and Multi-Modal Approach to Wholeness

CSU 253 Experiential/Movement Activity
Through powerful, yet simple principles and practices of mind/body and sacred psychology participants will experience the re-minding of the body- how the mind and body synergistically working together to release old patterns and programs that separate us from our Divine Nature. From that place of freedom we will rebond with and heal our Inner Feminine.

Gaia Lamb, educator, mind/body therapist and author, co-author of *The Sedona Vortex Experience* and co-creator of Wild Woman Retreats, works with groups and individuals centers around re-cognizing the Self, remembering the body as the vessel of the Divine and rebonding with the Earth as a living being.

Clan and Tribe

AH 210 Paper/Discussion
Clans evolved in warm, pleasant climates along with matrilineal values, love of children, accumulation, and sacred sexuality. Tribes evolved in harsh, hunting cultures with scarcity, blood sacrifice, hierarchical organization and patriarchal values. All ancient cultures can be placed on a continuum between these two extremes. Historical/herstorical interest/perspective is a "must".

Sandra Barnhouse, independent scholar of Goddess consciousness, background in art and history, proprietor of the Goddess' Reading Room of St. Cloud, speaker/presenter for conferences, university classes and women's spirituality groups, moon dancer, secular career - publications editor, SCSU.

Celebrate Healthy Relationships: Intimacy, Sexuality and Recovery

AH 121 Discussion/Ritual/Experiential/Movement Activity
Aimed at people who in their journey are struggling to find deep and more satisfying relationships with their own bodies and others. We will begin with opening information, then meditation guided to childhood memories, followed by small group discussions of experiences from past. Cleansing ritual including smudging, music and dance will close the workshop.

Sandra Rick, lectured throughout the Twin Cities on this topic and others for the past five years, lectured at local recovery groups and Hamline University guest speaker, mother, psychic, group facilitator for domestic abuse recovery, DAP certified, explorer of spiritual dimensions, friend.

Women as Worshippers: A look at the many faces of the divine

MH 211 Paper/Discussion
Through visuals of several world spiritualities, we will discuss what and how we worship across the globe. Afterwards is a discussion of the mystery behind the worship - what metaphors do we use? Why? What do they do to us?

Theresa King, writer and spiritual director with interests in world spirituality, has lived in many countries studying the worship and spirituality of each place, editor of the collection on women's spirituality: *The Spiral Path: Explorations in Women's Spirituality* from Yes Publishers.

Brenda Hoffman, social worker, teacher and author of *A Glimpse of Your Future*.

Inner Temples and Ancient Oracles of Greece

AH 217 Paper/Discussion
Share images and impressions from presenter's journey to the ancient oracle sites of Greece. Photographic slides, stories, and poetry will be presented to convey the beauty and power of the sacred sanctuaries, to reconnect with the mysteries and remember the gods and goddesses who dwell there. Visiting the temple sanctuaries, and hearing the stories of the deities, inspire us to rebuild inner temples, to honor the deities who inhabit our modern psyches.

Phyllis Vosbeck, Ph.D., licensed therapist in private practice in San Diego, works with dreams, active imagination, journal, myth, and the body.

Awakening and Blessing the Goddess Within

CSU Ballroom Ritual/Experiential/Movement Activity
We will celebrate the morning with movement and rhythm. This workshop is intended to free the spirit for the day's blessings and learning. It is a new growing that will open the senses for the experiences of the day. In order to bring about transformation, we are requesting that participants bring rhythm instruments such as drums, rain sticks, tambourines, hands, etc. You are welcome to honor the goddess in dress. Good Morning!

Reidun Hanson, spiritually intuitive, artist student of light, mom, friend, teacher, wife, gardener, laughing and living in the love of 15 years of recovery.

Janice Maas, friend, teacher, student, writer, poet, recovering person living in the love and is dedicated to the surprises, delights and miracles of the spiritual journey.

The Open Space

CSU 255

Experiential

All are welcome to come sit quietly in the open space of the heart. This workshop will include guided meditation, quiet sitting meditation (and instructions for sitting meditation), and a brief journaling time and closing talking circle.
Cedar Spring, 10 year student of Zen meditation, psychotherapist, holistic body worker and ritualist, has taught movement, meditation and writing, and is the co-founder of Ravenswood Center.

Centering

CSU 204

Paper/Discussion/Experiential

Persons willing to enter into quiet and silence. Learn centering techniques to gain that inner quiet. Teach and explain methods. Observation of self in the process.
Claren Sellner, Catholic sister from Assisi Heights, Rochester Community, B.S. and M.A. in education, gives talks and workshops on prayer and centering.

The Dromenon: A Labyrinth's Walking Meditation

CSU 101

Ritual/Experiential/Movement Activity

Participate in a ritual, the walking of a multi-cultural, ancient pattern known as a labyrinth. It is a symbol that can be traced back 3,500 years and is found in places as diverse as Peru, Arizona, Iceland, Crete, Egypt, Indian, Sumatra, the Ukraine, Sweden and France. Created in fabric, 27 feet square, the Dromenon is a replica of the labyrinth found on the stone floor of Chartres Cathedral in France. As you enter this myth and walk the twists and turns of your life's journey, you may experience unexpected insights and creative responses to your deepest questions.

Barbara Kellett, LSW, has been a social worker for over two decades, is also a Unitarian Universalist, Master of Divinity student at United Theological Seminary in New Brighton, MN.

Luella Greene, MSW, has been a therapist for over two decades, specializing in women's issues, is an artist, gardener, and traveler of the inner and outer worlds.

Spiritual Woman: Who is She? Response From Anishenabe-Quay Afro-American, Euro-American and Your Experience

MH 212

Paper/Discussion/Experiential

Experience a blessing ritual from each of our traditions followed by a discussion. We have come to know our spirituality as a way of life, rather than a religion. Important to us is the Web of Creation, the Unity of the sacred and the secular, and responsibility to all forms of life. Listen and join us as an Anishenabe-quay Chippewa woman, a sun-kissed African American woman and a Euro-American Christian woman reflect and celebrate this Woman-Spirit in each of our cultures.

Lucy Edelbeck, facilitator for retreats and workshops on woman's spirituality; founder and coordinator of INTERWEAVE: WOMAN GATHERING, artist who designs LUCY'S CARDS.
Donna Beckstrom, an Anishenabe-quay, Chippewa Woman, raising her children with her cultural values, American Indian Education Consultant, Chairwoman Board of the Indian Health Center.

Debbie Evans, a sun-kissed Afro-American woman, who is part of many non-biological family circles; was raised Baptist and is now a member of the Friends Meeting.

Blessed Are They Who Can Laugh at Themselves

AH 215

Experiential/Playshop

Explore a kind of self-humor which is basically gentle, which builds up instead of tearing down, which says "I like myself and am glad to be the person I am" and which invites us to let go of taking ourselves too seriously. This session is based on the belief that we are our own best source of humor material.

Monique Rysavy, full-time, free lance speaker/Minister of Humor whose background includes being rural, creative, faith-based, pastoral, an educator and a long-time workshopper.

Women and Spirituality Film/Video Trilogy - "Goddess Remembered" "The Burning Times" and "Full Circle"

AH 102

Film/Video

To give the history of the women's spirituality movement through documenting the sacred sites in Geucet Maltce, France and England and through interviews with many prominent spokeswomen.

Donna Read is a Canadian filmmaker who has worked for the National Film Board of Canadian for 15 years.

Goddess Love

AH 209

Movement Activity/Ritual/Experiential/Child Friendly

Examination of the Goddess-myth of the African and Native American cultures through oral traditional storytellings and a hands-on visual art experience in clay.

Oyo Fummilayo, professional storyteller, author, actress and educator, has facilitated workshops and performances throughout Kentucky and the Northeast region of the United States.

Melinda Cox, Associate Curator for Youth and Family Programs in the Education Department of the Louisville J. B. Speed Art Museum has a B.A. degree in education and is a visual artist, has been facilitating workshops nationally for seven years.

Spinning Beauty for Mother

CSU 201

Ritual/Experiential/Movement Activity

Create a celebratory community recalling our roots as Goddesses, Earth Mothers, and Peacemakers. Through singing, dancing and storytelling, participants will be empowered to listen to their inner voices, clarify their vision, and take action. Please bring your instrument and an object you wish to bless.

Carol McCormick, professional storyteller, ordained in the Order of Melchizedek, sings in the key of free and dances her life whenever possible.

Lynn Baskfield, owns The Conscious Body, a holistic center for health and well-being, a teacher, writer, storyteller, hairdresser and body worker.

Crye Power - In Search of the Wise Old Woman

MH 206

Gloria Cantor

Experiential

See Session I

Spinning the Chakras - Mending the Heart

MH 227

Mary Rivard Barnett/Jody Ochs

Paper/Discussion/Ritual/Experiential

See Session I

HeartPath Spiritual Networking™

AH 309

Anita Halcyon Cooley

Discussion/Experiential

See Session II

Moving Through Mystery - "Tifah": A Moving Meditation

MH 209

Dr. Deb Schubert

Movement Activity

See Session II

Session IV

Descent and Return from the Underworld: Depression, Creativity and Wisdom —

Jean Shinoda Bolen

AH 101

Continued from Session III

Born in the Image of the Goddess

AH 215

Discussion/Ritual/Experiential

This workshop explores the beauty myth of this culture, its constraints, its oppression, and its perpetuation through the media. Ritual, touch, and art are fused to recreate the image of the Goddess, in all her diversity, as one with our bodies. We begin to redefine beauty, an expression to empower, heal, honor and celebrate.

Marion Padilla, massage therapist and health educator who teaches massage at the College of St. Catherine, offers torso casting workshops for women.

Archetypal Paths to the Goddess

MH 210

Paper/Discussion/Experiential/Movement Activity/

Adolescent Friendly (age 11 and up)

The Greek archetypes are like a bridge from our current patriarchal culture, back in time through transition from the time of the great mother. Brief description of (primarily) feminine archetypes and (secondarily) male archetypes - how they affect our lives; invoking their aid; combinations and multiple archetypes; inner dynamics; accepting diversity through archetypal understanding.

Sandra Barnhouse, independent scholar of Goddess consciousness, background in art and history, proprietor of the Goddess' Reading Room of St. Cloud, speaker/presenter for conferences, university classes and women's spirituality groups, moon dancer, secular career - publications editor. SCSU.

Breaking Silence: The "Abandoned Mother" - the Birthmother's Story

MH 209

Discussion

This discussion group workshop addresses a significant women's mystery, a "silence" in women's studies and in women's spirituality literature: the birthmother's historic and contemporary reality. Two current texts by Betty Jean Lifton and Wake Up Little Susie by Rickie Solinger (1992) provide context for individual experiences of birthmothers, adoptive parents, and adult adoptees in addressing the historic practice of keeping adoption myths and silences. Group discussion will include personal stories of birthmother's loss and the silences enforced by religious practice and the general belief by society that she, unlike Mary, abandoned or gave away her child. How self-esteem can be cemented to maintaining that silence or, futile attempts at "getting on with your life and forgetting IT ever happened." Two presenters, a birthmother and adoption practices activist, an adoptive mother and adult adoptee as well as adoption practices activist and historian, will explore stereotypes, address and facilitate scholarship regarding race, class and religious institutions' role in adoption practices.

Judy Yaeger Jones, historian of women, an adult adoptee and an adoptive mother, feminist, Unitarian, and spiritual seeker of social justice.

Sandra Sperrazza, Minnesota's Branch Director of Concerned United Birthparents (C.U.B.), a birthmother who "lost" her daughter to adoption silences and the mother of four sons.

Intuition as a Woman's Mystery

AH 213

Experiential

Vasalisa (Wise Lisa) is a fairytale which provides a map to the development of that most ancient of women's mysteries, intuition. Through active listening to the story, participants will discover where they are on their intuitive journey. They will then have the opportunity to meet and talk with others at similar points on their journeys. Finally, they will explore the next steps to continued development of their intuitive powers.

Laurel Reinhardt, psychologist whose purpose is to contain and explore mystery with a sense of joy and help others do the same.

Anne Buchanan, psychologist whose joy is in helping others express their inner design.

Home Crafted Ritual Groups

AH 222

Discussion/Experiential/Child Friendly

This workshop will familiarize the participants with the concept of ritualizing their milestones and everyday lives. Ritual is shown as fun and easy going and accessible to all of us.

Lynn Pierce, Polish American woman, recovering Catholic seeking the Goddess and appreciating Mary, teaches what she wants to learn. Lesbian mom of a wonderful teenage son.

Joan Kelly, independent mother of two daughters. Feminist witch who lives with two snakes, love birds, hamsters, fish and her girls.

Psychic Development Naturally

AH 121 Lecture/Discussion
Our psychic faculty is a natural part of us so put your doubts and fears to rest and learn about its safe and ethical unfolding. Especially intended for people who are psychic and feel out of control with it.

Mary Hayes-Griecco, psychic counselor and radio show host in the Twin Cities, and author of *The Kitchen Mystic: Spiritual Lessons Hidden in Everyday Life*, by Hazelden.

Refusing the Separation of Body and Spirit: Celebrating Woman's Bodily and Spiritual Hold on the World

OSU 203 Paper/Discussion
I challenge the Western practice of expelling the body from spirit. Dualism is anti-Womanist and rejects carnality (especially female) as a valid part of life. This thinking rapes and dispenses women, animals and the Earth to further men's interests. I describe human ontology as a dialogue between body and spirit, and I resurrect the female body as an essential dialectical component in the being of the world.

Andrea Watson, philosophy graduate student at Miami University, connects with herself and other women through her poetry.

Past of Power/Future of Hope

AH 227 Formal Paper/Discussion/Experiential
Explorations of the women's and goddess's archetypes found in Western culture and Greek mythology in comparison to world religions to expand our understanding and self esteem. There are humanistic alternatives for personal development and inspiration from tribal and partnership cultures, role models and practices. Two-thirds lecture and discussion on works of Noble, Walker, Eisler, Bolen, Jung and George; one-third affirmations and guided meditation for embodiment and action planning.

Wendy Knox Carr, writer, bookstore manager, mother, mystical scholar, master of fine arts in creative writing and English, Bachelor's in religious studies.

Shakti: The Female Power

MH 206 Paper/Discussion
The Vedas and other religious Hindu texts put forth the belief that every being that is part of the Universe consists of two principles, male and female, *purusha* and *prakriti*, passive and active. The active and dynamic principle is commonly referred to as *SHAKTI* "energy" and by extension "power". The Hindu religious literature further promotes the thesis that women by the simple virtue of their being female have more *Shakti* or power than men. The workshop will examine the concept of *Shakti* and its implication for the controversial position of women in Indian society. The inquiry will shed some light on the dualistic nature of the female energy, benevolent and malevolent.

Indira Y. Junghare, born and brought up in India, professor of South Asian Studies, teaches Indian philosophy and South Asian religions (Hinduism and Buddhism) at the University of Minnesota.

Entering the Darkness: Embracing No Self: Celebrating Impermanence: Practicing Full Awareness, Absorption and Other Buddhist Mysteries as Dharma Dancing Women

CSU 255 Paper/Discussion/Experiential
Presentation will combine insights from China Galland's *Longing for Darkness*, Rita Gross' *Buddhism After Patriarchy*, and the presenter's insights from 20 years on the path on the usefulness of Buddhist practice for spiritual development and the necessity for American women to evolve and develop our own unique insights and expression of mindfulness and enlightenment, wisdom and compassion - entering the mystery, celebrating body movement as well as sitting in silence.

Pat Darling, teaches writing and Religious Studies, University of Minnesota and Metropolitan State University, practices a Tibetan Buddhist form of meditation and celebrates women's emergent spirituality, has directed the MN Peace and Justice Coalition this past year.

Exploring Light and Darkness: Finding Your Own Mystery Wisdom

CSU 254 Brief Discussion/Experiential
A guided journey into light and darkness as personified by Diana and Persephone will explore the relationship we each have to these polar expressions of feminine being. We are accustomed to seeing these two goddesses as separate, yet in mystery traditions outlined by the teachings of Dr. Rudolf Steiner, they are seen as the same being. Bring blanket and pillow.

Ivie Nakadate, writer, Rebirther-Healer, physician associate, student of Dr. Rudolf Steiner's Anthroposophy, member-School of Spiritual Science and doctoral student at Sancta Sophia Seminary.

Julia Egli Davis, counselor for eleven years, been in private practice for seven years doing Bodymind Integration, gentle acupressure and spiritual healing.

In The Spirit of Adventure

AH 216 Discussion
This workshop will explore the many ways in which women celebrate their connectedness to the wilderness and will include discussion on the importance of play and ritual in our lives.

Diane Bedell, wilderness guide for Woodswomen, Inc., an adventure travel organization for women, her adventuring spirit has traveled to many wilderness areas including the Colorado Rockies, Grand Canyon, Boundary Waters and deserts of Utah, she shares her joy and enthusiasm about the earth's wonders with women as she teaches them how to rock climb, white water raft, canoe and backpack.

Our Bodies/Our Spirits: The Mysteries of the Bodies of Women

CSU 253 Experiential
Historically Women's Mystery Rites were a way of connection among women. A primary way that women of today are separated from one another is through body experience. With imagery, body mapping, and ritual, we will reclaim the diversities of our bodies, as we celebrate the harmony of our spirits.

Maren Bjork, her life journey has taken her through a major health crisis and a doctoral program with her body to guide her spirit, spent 20 years in the Northwest teaching and conducting workshops, has returned to her native Midwest to integrate her spiritual landscapes.

Nancy Neu-Olson, M.A., Th.M., as teacher and guide has convened in-services, workshops and retreats on Spiritual Care and Body Mapping throughout Minnesota, her works (with an emphasis on body/books without bindings) are represented by PERSPECTIVES GALLERY in Minneapolis.

Red Cedar Circle

Ballroom Ritual/Movement Activity/Child Friendly
The purpose of this workshop is to connect with Mother Earth, our ancestor spirits and ourselves through ancient teachings and rituals. The activities will be to sit in a circle around a sacred altar, sing ancient songs that honor Mother Earth, pray to the Great Spirit, and participate in a Medicine Dance. We will begin by drumming in the Four Directions to ask the healing spirits to come in, singing the "Water Song" to open up the circle, and going around the circle to briefly introduce ourselves to the spirits. We will then sing Northwest Coast Shamanic Si.si.wiss (sacred breath) songs, ring the bell to open up the circle for individual prayers and songs, ring the bell again and close with a sacred medicine dance. Gabriele Kushi, senior dietary and spiritual counselor and cooking teacher in Macrobiotics, with a unique blend of studies in traditional oriental healing, nutritional research and Native American spirituality, has a daughter, working on a B.F.A. degree at the U of Minnesota and practices currently in Minnesota.

Sheila Burns, trained in theater and dance and performed with a professional company in Minneapolis, traveled extensively in Europe continuing her studies of theater and dance, mother of two currently working on a degree at the U of Minnesota in Sociology.

Earth Speaks - Mythmaking

AH 211 Experiential
Tribal people believe that all things speak if we will only listen. Indigenous people listen to the earth not only with their physical ears, but with their feet, hands, heart, belly, etc. We will awaken our inner ears to the stories that the earth longs to sing through us. Shinan Barclay, award winning author, storyteller, speaker and myth maker, 15 years in Native American and Eskimo cultures learning how to listen. Peggy Milbrandt, storyteller, spiritual counselor, woman's ritual leader and Minnesota farm girl who listens to the earth.

Challenges in the 90's: Creating a Positive Environment for Every One Valuing Diversity

AH 306 Discussion
As demographics change, there is a need for greater understanding between various ethnic racial, and cultural groups. Valuing and appreciating the diversity of our rich and varied backgrounds, we all can become effective cross-culturally. Elsa Batista, Director of Social Action and Community Education for Minneapolis YWCA, has designed and conducted workshops of leadership, empowerment, strategic planning anti-racism and cross cultural training.

Dancing the Sacred Circle

CSU 204 Movement Activity
Sacred Circle dance is a centering, enlivening experience, leading us back home to ourselves, helping us to open to the well springs within. We can experience our innate life energy, sense an inner coming to rest in the rhythm of ebb and flow, begin to reconnect with rich old roots and rediscover the healing power of dance. Carolyn Bornhauser, lover of dance, music, nature, native Minnesotan who has lived in Germany 25 years, experienced group leader, dancer, singer, storyteller, co-founder of the "Open Circle" where she lives and works during the summer and fall months. Lila Parrish, member of the ARC Ecumenical Retreat Community, where she has worked for 5 years. She shares in dance retreat leadership with Carolyn at the "Open Circle" and also uses dance in her work at ARC. Weaving and gardening are two of her great loves.

The Black Virgin/Mother - An Archetype of Crone-Goddess Wisdom For Our Time

AH 309 Paper/discussion
The Black Virgin/Mother is an aspect of the Archetypal Crone from the Triple Goddess tradition. She represents generation, regeneration, transformation, transfiguration and transmutation in the individual, as well as in the collective psyche. She speaks to us of the importance of self-knowledge - of the light and the darkness - of living with paradox and ambiguity. She is the Divine Feminine who calls and speaks to us in our secret places - and dares us to BE.

Christina Potonydy, seeker after Universal, Cosmic Consciousness within my human Be-ingness; striving for Love/Wisdom, joy-filled compassion, and the integration of my many parts.

Spiritual Experiences of Marginalized Women

AH 220 Panel
A panel which gives more of an historical overview of marginalized women's spirituality to discuss how women in the Greek tradition, the Hebrew tradition, and in the current American prison system find, make, and enact women's spirituality. Each of the three panel presenters will focus on one aspect of the above.

Linda Gillison, is on the faculties of Foreign Languages and Liberal Studies at the University of Montana, teaches courses about women in Classical Antiquity and is active in the Women's Classical Caucus.

Gwenyth Mapes, on the faculty of the Liberal Studies Program at the U of Montana since 1989, teaches a wide variety of subjects from a feminist perspective, and particularly active in bringing feminist recovery, re-reading, and re-interpretation of biblical texts to students in the U and in the Montana Women's Correctional Center.

Mary Birch, Professor of Social Work at the U of Montana, recently co-taught a course on Women's spirituality at the Montana Women's Correctional Center, on a recent sabbatical attended the Motherpiece School of Shamanic Arts and is now a "Priestess of the Goddess".

Wondrous Wanderings of Wounded Winning Women Daughters of Daughters and Creative Can Do Spirituality

AH 205 Experiential
Delores Cook See Session I

- ✓ **Healing From Sin-Talk: The Place of Pride and Power**
AH 209 Paper/Discussion
Jeanette Blonigen Clancy See Session I
- ✓ **The Dromenon: A Labyrinth's Walking Meditation**
CSU 101 Ritual/Experiential/Movement Activity
Barbara Kellett and Luella Greene See Session III
- ✓ **Wimmin of Color Goddesses and Rituals**
AH 211 Paper/discussion/Ritual/Experiential
Nora Blalock See Session II
- ✓ **Spiritual Woman: Who is She? Response From Anishenabe-Quay Afro-American, Euro-American and Your Experience**
MH 212 Paper/Discussion/Experiential
Lucy Edelbeck, Donna Beckstrom, Debbie Evans See Session III
- ✓ **Women and Spirituality Film/Video Trilogy - "Goddess Remembered" "The Burning Times" and "Full Circle"**
AH 102 Film/Video
Donna Read See Session III
- ✓ **Blessed are They Who Can Laugh at Themselves**
AH 215 Experiential/Playshop
Monique Rysavy See Session III

Session V

- ✓ **WomanHeart: Intuition, Healing and Empowerment**
AH 222 Experiential/includes lecture, meditation and discussion
Using "active mediation" we will look at the source of personal power; the ways empowerment can be lost; and then learn and practice tools for keeping personal power in place, protecting self, manifesting abundance and maintaining joy.
Kim Pentecost, president of Tools for Transformation, for over 8 years has been an intuitive consultant, workshop facilitator and healer, works in developing intuition and spiritually based empowerment with individuals and businesses.
- ✓ **Transformation Through Imagination: A Women's Playshop!**
CSU 254 Discussion/Ritual/Experiential/Movement Activity
Our interest is in creating a safe and sacred space where we can journey inward to discover the "temple of our divine femininity". We will play with these creative and revealing energies and express them in loving and playful ways.
Vicki (Tory) Stewart, empowers women through her work as a massage therapist, labor coach and through her classes "Finding the Goddess Within" and "Spiritual Mothering".
Lhesli Michelle Dove, masterful facilitator of Sacred Goddess rituals and playshops throughout the United States and Mexico, designs exquisite Goddess clothing and recently released her first tape "Awakening Woman".
- ✓ **Living Lightly: The Mystery Of Bringing Our Spiritualities Into Our Daily Lives**
AH 217 Discussion
This workshop is designed for people who are looking for ways to celebrate the Earth in their daily lives by "living lightly". We will share "coping skills" for surviving in our everyday lives, despite bombardment with chemicals and consumerism. The information discussed will be practical, both little and big things we can each do to minimize our impact on the Earth, as well as maximize our spiritual connectedness with the Earth.
Bekah Willman, lover and celebrator of the Earth and her creatures, and a Ph.D. student in Sociology.
- ✓ **Past Lives**
AH 101 Discussion/Experiential
Find out how and where your patterns, fears, phobias, addictions, guilts, and relationship problems began and what your lessons were at that time. Learn to release these and reprogram appropriate behavior in your present life. A healing and fascinating experiencing.
Deer Domnitz, certified hypnotherapist and has regressed hundreds of clients to their past lives, author of the John Lennon conversations and producer of the Deer Tapes.
- ✓ **Mandala, Sacred Circle**
AH 216 Experiential/Child Friendly
Mandala means circle and center. Circular images occur in every culture and every time. C. G. Jung used Mandalas extensively with clients as a tool for self-integration. After a brief introduction participants will explore the magic of self and spirit as they create personal Mandala drawings.
Francene Hart, spiritually inspiring watercolors and drawings are exhibited nationwide, has facilitated Mandala's in many varied settings for 20 years.
Jude Arnold, studies sacred sister circles and circle dances for 15 years, does healing body work and nutritional counseling.
- ✓ **Blood Rites: Shameful and Sacred Images**
MH 211 Film/Discussion
During this workshop, participants will view a short film which juxtaposes images of shame surrounding womens' sexuality/menstruation and images of sacred acts involving women's sexuality. Presenters will lead a discussion of thoughts and feelings evoked by the film. Other examples of body shaming/body honoring will be examined.
Carla Magnuson, Lilith in the film, dancer and ritualist, presented a workshop on costuming at the 1991 Women and Spirituality Conference.
Susan Hargus, filmmaker and visual artist, has been using images of women in her art for 10 years.

- ✓ **From Sorrowing Woman to Rejoicing Krone**
MH 210 Discussion/Experiential
The purpose of this workshop is to tell my story as Krone. It is a story of personal healing and spiritual growth. My message is about my struggles in life and about my Winning.
Paula Mollenhauer, M.S., Krone; poet, consultant / I Am I & Co., 12 years experience as group psychotherapist, 63 years experience in living.
Marti Riley, B.S., musician, group facilitator; business woman, writer, fashion model.
- ✓ **Rebond with "Wild Woman" Instinctual Self**
AH 211 Discussion/Experiential
Storytelling, inner mythology and dancing. Awake the bores of our "Wild Woman" natures. Sharing and empowering of our instinctual self. Journey to inner landscapes with "Women who run with the wolves".
Shinan Barclay and Gaia Lamb, co-authors of The Sedona Vortex Experience, are women who live, teach and create from their Wild Woman - in touch their depths; with the Life-Death Cycle; and with the Earth. Gaia, known as a "spiritual midwife" and Shinan, a Master Storyteller, women who deeply desire to reclaim their instinctive psyche in order to regain health, self expression and personal empowerment.
- ✓ **Breaking Through Internal Barriers**
MH 209 Discussion
Identify how powerful our programming has been, where our internal messages came from and their long lasting effect on our behavior in the workplace and in personal relationships. Learn some management tools to be who you want to be through neuro linguistics programming techniques.
Linda Mack Ross is an Organizational Development Consultant trainer and keynote speaker who has worked hard to identify her own internal messages and helped others learn about themselves.
- ✓ **The Secret of Dreams, Soul Travel and Reincarnation**
CSU 255 Discussion/Spiritual Exercises/Talks/Audience Participation
Pat Henderson/Sondra Traylor See Session I
- ✓ **Magic and Spirituality**
MH 212 Paper/discussion
Mary Siebold See Session II
- ✓ **Self Love and Artistic Expression**
AH 205 Paper/discussion/Experiential
Heather Williams See Session II
- ✓ **Temple Maintenance: Exercises for the Body and Soul**
CSU 202 Experiential/Movement Activity
Sueanne Johansen See Session II
- ✓ **Psychism: A Practical Approach and Demonstration**
AH 102 Demonstration/Presentation
Elaine Toft/Dixie Tollefson See Session II
- ✓ **Selu - The Corn Mother Tradition in Native America**
AH 215 Discussion/Experiential/Round table
Nadema Agard-Smith See Session II
- ✓ **TAI JI: Listening to the River Flow**
CSU 203 Movement Activity
Avis Davis See Session II
- ✓ **Goddess Love**
AH 209 Movement Activity/Ritual/Experiential/Child Friendly
Oyo Fummilayo and Melinda Cox See Session III
- ✓ **Spinning Beauty for Mother**
CSU 201 Experiential/Movement Activity/Ritual
Carol McCormick and Lynn Baskfield See Session III
- ✓ **The Dromenon: A Labyrinth's Walking Meditation**
CSU 101 Ritual/Experiential/Movement Activity
Barbara Kellett/Luella Greene See Session III
- ✓ **A Jewish Feminist Talks About the Shekinah, Lilith and Other Women's Mysteries in Judaism**
AH 213 Discussion/Ritual
Ruth E. Jacobson See Session III
- ✓ **Challenges in the 90's: Creating a Positive Environment for Every One Valuing Diversity**
AH 306 Discussion
Elsa Batica See Session IV
- ✓ **Dancing the Sacred Circle**
Indigo Movement Activity
Carolyn Bornhausen See Session IV
- ✓ **The Black Virgin/Mother - An Archetype of Crone-Goddess Wisdom For Our Time**
AH 309 Paper/discussion
Christina Potyondy See Session IV
- ✓ **Spiritual Experiences of Marginalized Women**
AH 220 Panel
Linda Gillison/Gwenyth Mapes/Mary Birch See Session IV

Saturday Night Happenings

Celebrate the Goddess in each other!

Saturday, October 9, 1993, 7:30 p.m., Centennial Student Union Ballroom
Open Stage! Please bring poetry, music, stories, etc. to share.

4:30 Drumming and Dancing

8:00 in Centennial Student Union Rooms 253-255

Other Rooms Are Available

There are six more rooms available (201, 202, 203 and 204) in the Centennial Student Union Saturday night. If you would like to reserve a room for a gathering that you would like to organize, call us at (507) 389-2077. We will announce gatherings on the blackboard, which will be next to the Registration Desk.

Conference Information & Services

Past keynote speakers from 1982 to 1992 have included: Jeanne Audrey Powers ("Women and Worship"), Rita Gross ("Women's Lives in World Religions"), Maureen Fielder ("Spirituality and Social Change"), Rosemary Radford Ruether ("Language and Imagery"), Starhawk ("Building Communities of Resistance and Renewal"), Charlotte Black Elk ("Lifepaths of Women: Celebrating Self and Community"), Valerie Russell ("Spirituality and Social Justice"), Judith Plaskow ("Body and Spirituality"), Carter Heyward ("There Are Many Paths Up The Mountain: Celebrating Our Commonalities and Differences"), Luisah Teish (no theme), and Neala Schleuning, Carol Ann Russell, Rachel Tilsen ("The Power of Words: An Honoring of Meridel Le Sueur").

If you are interested in working on the Planning Committee, please stop by the Registration Desk and let us know.

MEALS: The main cafeteria in the CSU, will be open on Saturday from 9:00 a.m. - 2:00 p.m. and Sunday from 8:00 a.m. until 2:00 p.m. There will be a Saturday night buffet which will cost \$9.00. Please see Dinner Registration form.

MENU

Pasta Buffet which includes:
two pasta choices
three sauce choices
three salad choices
garlic/french bread
coffee, tea or ice water

PARKING: You may park in any lot or other legal locations on Saturday and Sunday. Lots 4, 6, or 4A will be the most convenient. Be aware you may not park in Handicapped space without a permit.

EMERGENCY MESSAGES can be relayed during the Conference by calling MSU Security (507) 389-2111.

HOUSING: Those interested in housing must make their own arrangements. Participants, please note that Good Counsel is unavailable. The following is a list of motels in the Mankato area. We advise you to make reservations, if you need them, as soon as possible.

Super 8 Motel - (507)387-4041 or 1-800-848-8888
Riverfront Inn - (507)388-1638
Holiday Inn Downtown - (507)345-1234 or 1-800-HOLIDAY
Best Western Garden Inn - (507)625-9333
Budgetel Inn - (507)345-8800 or 1-800-428-3438
Redwood Motel - (507)388-1621
Sunset Motel - (507)345-5129
Kato Motel - (507)388-1644
Days Inn - (507)387-3332 or 1-800-325-2525
Americinn - St. Peter - (507)931-6554
St. Peter Motel - St. Peter - (507)931-3100
South Side Motel - St. Peter - (507)931-4100
Viking Jr. Motel - St. Peter (507)931-3081
Green Lawn Motel - Eagle Lake - (507)345-3731
Butler House Bed & Breakfast (507) 387-5055
Park Row Bed & Breakfast - St. Peter (507) 931-2495

CHILD FRIENDLY WORKSHOPS are highlighted in the program.

SPECIAL SERVICES: MSU is wheelchair accessible. Anyone who desires special arrangements during the conference, call us at (507) 389-2077 prior to the conference or stop by the registration desk. A sign interpreter will be provided for the keynote address only.

CHILD CARE for children ages to 10 years will be available at the campus child care center, Children's House, located at the Wiecking Center. Children's House will be open Saturday from 9:30 - 6:00 and Sunday from 8:30 - 12:15 and 1:30 - 4:45. Costs will be \$10.00 for one day and \$20.00 for two days. Please complete the Child Care Registration form and return with conference registration and payment. Children present at the conference site must be supervised by an adult. A maximum of three infants (less than one year of age) can be accepted for care.

CREDIT: Those interested in taking the conference for one (1) credit in Women's Studies or Religious Studies need to be aware that an 12:30 p.m. meeting in Centennial Student Union, Room 201 on the day of the conference is required and that the conference registration fee and meal are in addition to the fee for credit. To register, fill in appropriate section on registration form (tuition rates are listed).

SCHOLARSHIPS: If the sliding scale conference registration fee is still prohibitive, we offer the following options:

1. Apply for a scholarship for conference registration by contacting us at (507) 389-2077 no later than Wednesday, September 22. Limited funds are available and will be awarded on a first come/first served basis. We ask that only those who are truly excluded by the registration fee apply.
2. Twenty conference registration scholarships are being set aside for WOMEN OF COLOR and will be awarded on a first come/first served basis. To apply, complete regular registration form no later than September 22.

OTHER INFORMATION:

MSU is a chemical-free space. Smoking is NOT permitted in any MSU building.

The temperature in conference rooms is not within our control, rooms tend to be hot... or cold! You may want to dress for hot but be prepared for cold.

We are not responsible for lost or damaged property.

Conference participants should plan to bring pens, paper, art pads, drums, and other materials that might be used in workshops.

Sunday Church services on campus are: Catholic - 11:00-12:00 a.m. in the CSU Auditorium and ELCA-Lutheran - 10:30 a.m. in CSU "The Indigo".

Refunds for registration and/or food are available upon written request, prior to September 27. You must provide a copy of your cancelled check (front and back) with this request, along with your social security number.

For answers to any questions, call or write:

Women and Spirituality
MSU 300
P.O. Box 8400
Mankato, MN 56002-8400
(507) 389-2077

Child Care Registration

Children's House Wrecking Center MSU Campus
(Send check with registration \$10 per day)

Days Needed: Saturday, October 10 Sunday, October 11
\$10

Children's Names and Ages: _____

Parent's Name _____
Special Needs: _____

Registration Form

Registration must be postmarked by September 27, 1993 for reduced rates. Make checks or money orders payable to: Mankato State University. Mail to: Women and Spirituality Conference, MSU 300, P.O. Box 8400, Mankato State University, Mankato, MN 56002-8400. For more information call (507) 389-2077. This form may be duplicated for multiple registrations.
(One person per registration form. Please print neatly or type.)

Name _____
Address _____
City _____ State _____ Zip _____
Day Phone # (____) _____ Evening Phone # (____) _____

Please check one:
 Pre-Registration
 \$30 General
 \$15 Minimum Income
 Low Income Scholarship**
 Women of Color Scholarship***
 Postmarked after September 27:
 \$35 (Late Fee)
 \$20 (Late Fee)

PLEASE NOTE, WALK IN REGISTRATION WILL BE \$40!
 ** The low income scholarships allow for women of different economic abilities to attend. We leave this to your discretion. Scholarships are available on a first come/first served basis. See the Conference Information and Services section of this program for details under the heading Scholarships.
 *** The women of color scholarship allows for women of color of different economic abilities to attend. Scholarships are available on a first come/first served basis.
 If needed, receipts can be picked up at the Registration Desk any time during the conference. Also during that time, conference information packets will be distributed. Full refunds for registration are available upon written request, prior to September 27. You must provide a copy of your cancelled check with this request, along with your social security number.

Dinner Registration (Deadline September 27)
 Please check if you want to register for Saturday dinner. Refund for the meal is available upon written request prior to September 27. No refunds will be given after this date. **You must provide a copy of your cancelled check with this request, along with your social security number.**
 Dinner Ticket (Saturday night) - \$9.00

For Those Registering For Credit
 You must pay the conference registration fee above in addition to tuition fees. The following information is required. (If you are a current MSU student, please register through MAPS.)

Social Security Number _____ PN _____
 Check one: Grade Credit in Religious Studies:
 Credit in Women's Studies: Call # Course #
 4986 1790-400-01 2519 1169-450-01
 4993 1790-500-01 2521 1169-550-01

Have you previously enrolled in any classes offered by MSU? yes no
 Are you a resident of the State of Minnesota? yes no
 Do you plan to work toward a degree from MSU? yes no
 I am registering as: (Check one)
 Undergraduate resident - \$50.35 Graduate resident - \$70.90
 Undergraduate non-resident - \$91.80 Graduate non-resident - \$98.75

These rates DO include the MSU activity fee. STUDENTS FROM WISCONSIN, NORTH DAKOTA, SOUTH DAKOTA, MANITOBA, ETC. WHO HAVE BEEN APPROVED FOR TUITION RECIPROCIITY WILL EACH PAY A DIFFERENT TUITION AMOUNT. CONTACT THE BUSINESS OFFICE, (507) 389-2261 FOR SPECIFIC CHARGES.

Total enclosed: \$ _____
 Pre-registration fee \$ _____
 Dinner Saturday \$ _____
 Tuition credit costs \$ _____
 Child Care \$ _____
 Total amount enclosed (Checks payable to MSU) \$ _____

Parents will assume responsibility for meals, formulas, and diapers.

Physically Challenged?

If you are physically challenged and need special arrangements, contact Cindy Veldhuisen at (507) 389-2077 at least 72 hours in advance of event.





**WOMEN &
SPIRITUALITY
CONFERENCE**

Mankato State University
Saturday and Sunday, October 9 and 10, 1993
Registration begins Saturday 8:30 a.m.

"The Grail is the Goddess"

Keynote Speaker
Jean Shinoda Bolen, M.D.

Two days of workshops, discussions, exhibits, dialogue, discovery and celebration. Scholarships and college credit available. Registration forms and all relevant information are included in this program.

Sponsored by Women's Studies

WOMEN AND SPIRITUALITY

MSU 300
P.O. BOX 8400
MANKATO, MINNESOTA 56002-8400

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