

# 7th Annual Women & Spirituality Conference



## **Our Purpose Here:**

The intention of the "Women and Spirituality Conference" is to provide a supportive, nurturing setting for a dialogue of caring and mutual respect between and among diverse spiritual traditions. In not advocating or excluding any view, the Conferences hope to foster an understanding and celebration of similarities and differences. May we continue to aid one another on our individual and our communal spiritual journeys.

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**Valerie Russell**  
1988 Keynote Speaker

Valerie Russell is President of the City Mission Society of Boston (CMS). She is the first woman and the first layperson to head the society. Founded in 1816, CMS is the second oldest voluntary social service agency in the United States. An Urban Affairs specialist with particular interest in the application of religion to social issues, Ms. Russell has lectured on theology at the Union Theological Seminary, Yale Divinity School and Harvard Divinity School. She served as Assistant to the President of the United Church of Christ and headed two major programs related to urban ministry at the Riverside Church in New York City. Ms. Russell is also a corporation member of the United Way of Massachusetts Bay and Minister of Metro Mission in Boston.

## Schedule

- 7:30 - 8:45**  
Registration and Breakfast
- 8:45 - 9:00**  
Announcements  
Welcome - Margaret Preska, MSU President
- 9:00 - 9:15**  
Opening Celebration
- 9:15 - 10:30**  
Introduction - Jane Earley, Dean, MSU College of Arts and Humanities  
Keynote Address - Valerie Russell  
"Spirituality and Social Justice"
- 10:30 - 11:00**  
Break and Exhibits
- 11:00 - 12:30**  
Workshop I
- 12:30 - 1:45**  
Lunch
- 1:45 - 3:15**  
Workshop II
- 3:15 - 3:45**  
Break and Exhibits
- 3:45 - 5:15**  
Workshop III
- 5:30 - 6:30**  
Dinner Served
- 6:30 - 7:00**  
Feedback session to conference planners
- 7:00 - 8:00**  
Closing Celebration

## Golden Rules from Diverse Traditions

**Native American:** "The Universe is the Mirror of the People," the old Teachers tell us, "and each person is a Mirror to every other person."

(Hyemeyohsts Storm)

**Native American:** Your mind, your relationship with yourself and others are reflected in everything around you: your intentions, your actions are causes which return to you as effects. Always there is the pure stream of light of mind within you, to be actualized in right relationship and actions for the good of all.

(Dhyani Ywahoo, Tsalagi-Cherokee)

**Christianity:** All things whatsoever ye would have [others] should do unto you, do ye even so to them: for this is the law of the Prophets.

(Matthew 7:12)

**Judaism:** What is hateful to you, do not to [others]. That is the entire Law; all the rest is commentary.

(Talmud, Shabbat, 31 a.)

**Brahminism:** This is the sum of duty: Do naught unto others which would cause you pain id done unto you.

(Mahabharata 5, 1517)

**Buddhism:** Hurt not others in ways that you yourself would find hurtful.

(Udana-Varga 5, 18)

**Confucianism:** Surely it is the maxim of loving-kindness: Do not unto others that you would not have them do unto you.

(Analects 15, 23)

**Taoism:** Regard your neighbor's gain as your own gain, and your neighbor's loss as your own loss.

(T'ai Shang Kan Ying P'ien)

**Zoroastrianism:** That nature alone is good which refrains from doing unto another whatsoever is not good for itself.

(Dadistan-i-dinik 64.5)

**Islam:** No one of you is a believer until [you] desire for [others] that which [you] desire for [yourself].

(Sunnah)

**Gnosticisim:** If you bring forth what is within you, what you bring forth will save you. If you do not bring forth what is within you, what you do not bring forth will destroy you.

(The Gospel of Thomas)

**Wiccan:** Threefold Law — The greater your awareness, the greater your responsibilities: what you send returns to you three times over.

Many spiritual and religious traditions express a longing to be in harmony with the Universal Source. Please send us any other "Golden Rules" and their sources so that we may expand on this selection.

## Session I

**Karmic Justice: How We Balance Out Our Experiences Over Many Lifetimes**  
Morris Hall 206 Paper/Discussion/Experiential

We can gain more understanding of self and others by recognizing the influence which our past lives have on today's emotions and behavior. In addition to some presentation of information and discussion, there will be a guided meditative experience to contact our inner knowing.

**Dorothy Ackerman** is a retired art therapist and sculptor who has taught yoga, meditation, and reincarnation for 20 years.

**Alice Huff** is a retired UCC pastor who has specialized in counseling the terminally ill and in journaling for spiritual guidance.

**Social Justice: An Inherent Component of Islamic Religion**  
Armstrong Hall 215 Paper/Discussion

A discussion on social justice for women within the Islamic society.

**Lauren Aljazireh** converted from Catholicism to Islam and is married to a Palestinian.

**First Steps Into Mysticism**  
Armstrong Hall 211 Poetry/Discussion

Fulfillment of personal potential is a benefit of the recognition that one's own life is the ultimate palette and canvas for creativity.

**Mavis Christensen** is the owner-operator of a rural Bed and Breakfast, is a shepherdess, and a prairie person. Her poems are the sign-post on a spiritual path — an increasingly intimate walk with God in which God has ceased to be thought of as an object or a symbol but rather has become a multi-faceted experience of power and authority and beauty.

**Poverty, Spirituality and Social Justice for Women**  
Armstrong Hall 121 Paper/Discussion

This workshop is open to women *only*. This will be a presentation and discussion of one woman's political/spiritual crisis when confronted by poverty, and how to keep the self intact in the face of such obstacles.

**Consuelo Concepcion** is a radical feminist whose anger keeps her hope/need for profound female reality in perspective.

**Womansong: The Sounds of Social Justice**  
Centennial Student Union 201 Songs/Talk

A sharing of original songs and personal story, reflecting social activism and an enthusiasm for affirming the worth and dignity of women.

**Dorothy Davies** has shared her original Christian and secular feminist songs at several past Women and Spirituality conferences. She is Roman Catholic and a soprano soloist from Willmar.

**Peace and Passion: Vocal Practices to Balance Ourselves**  
Centennial Student Union 101 Experiential

Learn how to use your own voice to release pain and express your higher self. We will open our voices in an atmosphere of candles and objects from nature.

**Kenna del Sol** is a lawyer, performer, mother and seeker, who loves to guide others in their creativity.

**Tarot Decks for and by Womyn**  
Armstrong Hall 222 Discussion/Ritual

Many newly developed feminist Tarot decks will be shown, with discussion of the personal visions of their creators and a ritual showing ways of using the Tarot for self exploration.

**Mona Dubow** is a classical pianist and teacher, living in Mankato.

**Embracing Internal Diversity**  
Armstrong Hall 203 Storytelling/Discussion/Experiential

To become more aware of and loving toward the multitude of faces, characters, desires and stories within ourselves. As we accept and converse with these parts, we may come to live more creatively and peacefully, within and in the world.

**Ranae Hanson** is working on a book on this subject.

**Religious and Ethical Implications of Surrogate Motherhood**  
Armstrong Hall 216 Paper/Discussion

Genetic engineering and biotechnology uniquely impacts upon women. This presentation will analyze the ethical and religious implications of surrogate parenting and its implications for society.

**Georgia Holmes** is an attorney in the area of family law, teaches business law and business ethics.

**The Bible: Sexist or Liberationist Document**  
Armstrong Hall 220 Paper/Discussion

We will examine and discuss several Bible passages to see the variety of understandings of women and their roles as presented by the Bible.

**Richard W. Johnson** is Pastor of First Baptist Church in Mankato and has led many seminars on Bible interpretation.

**Legacies of Violence**  
Armstrong Hall 233 Paper/Discussion

Violence is so woven into our daily lives that we can't hear the violence of our words, see

**Kathy Kea** is a survivor with four causes: to find myself, to get women to get honest about violence, to stop child abuse in all its forms, and to foment class war, since nothing else has worked to change inequalities.

**Healing Self Love**  
Armstrong Hall 204 Experiential

We'll use an assortment of healing tools — tarot, stones and crystals, discussion, guided meditation and ritual — to open our awareness of how precious and lovable each of us is, and to let this into our hearts.

**Carol Diana L'Heureuse** works as a psychic healing channel, teaching love through readings and counseling sessions since early 1986.

**Careers: Bread of Life, or Bread for the Table**  
Armstrong Hall 214 Paper/Discussion

Looking at the spirituality in career choice, as defined by the questions, "Who am I?" and "What is my purpose?" What are the realistic options here for low income, single mothers?

**Pat Nash** is a Career Counselor working with low income, single parents in Minneapolis, is on the Advisory Board of South Hennepin Human Services, and formerly taught courses for Mankato State University Women's Studies Department.

**Julie Williams** is Assistant Coordinator of Adult Basic Education in south suburban Hennepin County.

**Embracing My Womanself**  
Morris Hall 212 Discussion/Experiential

Coming to a greater realization of womanself as an embodied/ensouled experience, through lecture and discussion, personal reflection, sharing stories, and ritualized body-prayer.

**Veronica Novotny, O.S.B.** is a spiritual director, retreat director and group facilitator at Good Counsel Education Center.

**The Emergence of Gaia: Deepening Our Connections**  
Centennial Student Union 253 Discussion/Experiential

We will present some of the concepts of Gaia (the Earth as a living organism), and discuss how this holistic view can help restore balance and harmony on Earth. Current resource-building and connections taking place will be covered.

**Sage Passi** is a naturalist, performance artist/ritualist.

**Kaia Svien** is a teacher/counselor who uses whole-brain learning systems, guided imagery and self-esteem development.

**Transitions**  
Auditorium Dance/Drama Performance

This is a collection of performance pieces representing various aspects of a soul's journey through life.

**Joyce B. Perkins** is an interpretive dance performer of liturgical and secular material.

**Eleanor G. Berg** is a dramatist and narrator.

**White Voyeurism and Native American Spirituality**  
Morris Hall 211 Discussion/Roundtable

This will be a sharing of personal experiences in our individual growth processes, focusing on the exploitation of selective perception, particularly when white people approach Native American spiritual traditions.

**Connie Ross-Brandenburg, Marilyn Felber, Margaret Mara, Mary Van Voorhis** are involved with activism on a personal and regional level. They work within their communities for peace and justice.

**Contemplation of the Bhagavad Gita and Social Justice**  
Armstrong Hall 232 Discussion/Experiential

Presentation of the Bhagavad Gita as a spiritual reference for the pursuit of social justice, symbolizing the war within the individual and its parallel in society.

**Mary Gall Sovik** is a longtime student of meditation and is an administrator for the Center for Higher Consciousness in Minneapolis.

**Celebration of the Spirit Within**  
Centennial Student Union 254 Experiential

Exploring our own personal places of power through meditative visualization, and learning how to return to that power to be nourished and sustained in our struggles for justice and peace.

**Andrea Stoekel** is a ministerial candidate at United Theological Seminary.

**Linda Lingen** is co-founder and elder priestess of Church of the Earth/New Earth Circle Coven, which focuses on the spirituality of Nature/Mother Earth.

**Sarai and Hagar: A Mythical Story of Women as Oppressor and Oppressed**  
Centennial Student Union 255 Discussion/Experiential

Based on the story of Sarai and Hagar, we will explore the psychological dynamics which turn women into oppressors of each other and how the patriarchal religion is responsible for this. Participants limited to 16.

**Ulrike Wiethaus** teaches religion at St. Olaf College.

**Discussion of Valerie Russell's Keynote Address**  
Centennial Student Union 204

There will be a discussion for those who wish to pursue and share ideas, questions and

**A Theology of Inclusive Language**

Armstrong Hall 222

Discussion

The purpose of this workshop is to create an awareness of the injustice involved in the use of exclusive language. Exclusive language in public worship is a hindrance to the total expression of a community's faith in God and in each other and makes it impossible to have a true celebration.

**Rev. Joseph Arackal** is a priest, linguist, and medieval historian dreaming to live in a world where peace and justice are practiced by all.

**Peace and Justice**

Centennial Student Union 202

Discussion

Peacemaking is impossible without considering justice to peoples of all races, sexes, nationalities, ages, socio-economic levels, religions, or beliefs. The workshop will focus on some poetry linking peace and poverty and women's issues.

**Judi Bernstein** has an M.S. from MSU in Peace Studies/Global Interdependence, and a B.A. from the University of Minnesota in Sociology and Psychology. She has done many workshops and lectures on this issue.

**Living Life to its Fullest: Developing a Relationship with Jesus**

Armstrong Hall 233

Discussion/Round Table

We will share "power packed" principles that will challenge you to begin and maintain a meaningful relationship with Jesus.

**Sharon Chader** is a social work major at MSU, mother of three children and does volunteer work at Good Counsel.

**Marcia Ites** was previously a pre-school teacher and is now a mother of five children and involved in licensed home daycare.

**The Many Faces of the Goddess in Jewish and Christian Scriptures**

Morris Hall 206

Discussion/Activity

Deeply imbedded in our Scriptures are multiple namings of our God as Mother, Wisdom, Birthing. Interpreters and translators have deprived us of this presence of the Feminine of God.

**Lucy Edelbeck** has come to the wisdom of life by working with homeless women and men, with women battered by Church structures and battered by physical violence; with women naming themselves and their own beauty and strength. She facilitates retreats and workshops throughout the Midwest and Ontario.

**The Spiritual Enlightenment of Black Gospel**

Centennial Student Union 101

Experiential/Singing/Discussion

Black Gospel singing will enlighten those who haven't heard Black Gospel. There will be a brief history, question and answer and singing.

**Lorraine Jones** has an B.S. in Accounting from Mankato State University. Geraldine and Lorraine have formed the group "Sounds of Joy" and have been singing together for two years.

**Geraldine Ashford** is a single mother of three with a B.A. in Psychology, Sociology and Rehabilitation.

**The Hindu Caste System & Social Injustice**

Armstrong Hall 211

Paper/Discussion

The workshop will discuss the origin and development of the Hindu caste system and focus upon its implications for the low caste Hindus. It will also discuss the measures the Hindu society has taken in order to correct the social injustice.

**Indira Junghare** is a professor of South Asian Studies who teaches courses on Indian women, Indian religions, Hinduism and Buddhism at the University of Minnesota.

**Samidha Junghare** is a student of South Asian Studies at the University of Minnesota.

**Freeing the Creative Spirit, One Woman's Story in Prose, Poetry, and Conversation**

Armstrong Hall 214

Discussion

This workshop is based on the belief that every woman has the ability to be an artist — her work presented publicly or honored within privately. The presenter will read poetry and prose she has written and there will be audience discussion about art and personal identity.

**Jeanne Kerans** has published poems and short stories. She has presented her work and discussed women and their fight to claim their creativity at Normandale Community College in Minneapolis.

**Creating Community Through Ritual and Story**

Morris Hall 209

Ritual/Experiential/Movement

In this workshop we will do a walking meditation, use the talking staff format, share each other's stories, play some organic prayer music using a variety of drums, bells, and rattles, and create a generic, earth-focused ritual.

**Mary Flaten** participates in the creation of rituals honoring the solstices and the equinoxes and in a women's gathering which meets each new moon in Northfield, Minnesota. She is working on a degree in Sacred Psychology through the College of St. Mary's graduate program.

**Visions of Hope: Re-Imaging for Empowerment**

Armstrong Hall 209

Discussion/Experiential

This workshop is an exploration of ways to free our personal and social images when they become limiting and oppressive, to create new visions of life and hope. There will be a personal art/clay exercise and a closing group improvisation with the clay.

**Laura Frykmann** is a visual artist and M.A. candidate at United Theological Seminary, who says her "fixed image" of herself is a "blonde Swedish bombshell."

**Jillian Lay** is a ministerial candidate at United Theological Seminary, whose personal

A brief history of the split in the healing professions will be followed by a discussion of methods and rationale for including the spiritual in psychotherapy as well as an experiential component using guided imagery.

**Judy Gibson** is a licensed Psychologist in private practice in Minneapolis. She also works part-time at Chrysalis Mental Health Clinic. She has recently been experimenting with ways of using indigenous spirituality or earth-centered spirituality in healing from emotional pain.

**Personal Social Justice: Combining Numerology and the Tarot for Life Planning**

Armstrong Hall 121

Paper/Discussion

This workshop is an introduction to the concept of personal social justice and its facilitation through the help of the combined use of numerology and the Tarot. Using handouts and examples, the participants will compute their own personality core and life chart.

**Diane Marie Knott** is currently a graduate student at the University of Minnesota in the Master of Education program. She is an amateur/student of the Tarot and numerology.

**Earth-Based Ethics**

Centennial Student Union 203

Paper/Discussion/Ritual

If we perceive the Earth as Goddess, how should we interact with our sisters and brothers, other living beings, and the planet Herself? She will discuss the ethical implications of the Gaia concept, the Wiccan Rede, and Thou art Goddess, as well as lead a guided meditation on the Earth as Goddess.

**Magenta** has been a witch for twenty years, a Priestess of the Goddess for fourteen years and is co-founder of Coven Prodea.

**Peace and Justice Issues Among Contemporary Witches**

Morris Hall 210

Paper/Discussion

This workshop describes the kinds of peace and justice activities engaged in by contemporary Neo-Pagan witches as groups and individuals, and suggests that Neo-Pagan beliefs encourage the concern for individual rights.

**Mary Jo Neitz** is Associate Professor of Sociology at the U of Missouri, Columbia, and is engaged in research on the roles of women in effervescent religions. She has also done work on women's menstrual mysteries.

**Disarmament, the United Nations, and Women**

Armstrong Hall 213

Paper/Discussion

This is a workshop for women who think peace is more amenable for women than war. This is the year of Special Session on Disarmament at the United Nations in New York City. (May 31 - June 25) Does this have any meaning for us Minnesota women?

**Eleanor Otterness** is a Minnesota Peace Movement worker, member of Women's International League for Peace and Freedom, and is 69 years old.

**Meditation with Creative Imaging**

Centennial Student Union 201

Discussion/Experiential

This workshop will combine the use of meditation with techniques of imaging to help you achieve your goals and dreams.

**Ruth Polow** has taught classes in Meditation at Alverno College in Milwaukee, WI and is currently working with Mayfair Reiki Associates.

**The Childless Woman as Mother and Creator**

Armstrong Hall 208

Paper/Discussion/Experiential

We will identify who we mother and what we create, develop plans to strengthen mothering and creativity in our lives, honor ourselves as mothers and creators. This workshop is aimed at women who are not mothers, and participants will be involved in group discussion and journaling.

**Reva Rasmussen** is a registered nurse and is studying dance and creative writing. She is not married and has no children.

**Muslim Consciousness and Socio-Political Change: A Feminist Perspective**

Armstrong Hall 232

Paper/Discussion

Where does Islam stand today on issues of social and political change? And where has it stood throughout the ages? How does that compare with the Western media image? Special attention will be paid to contributions made by women, Sufis, and other "status minorities."

**Fatma Reda** is a Muslim, feminist, Arab-American. She is Assistant Professor of Psychiatry at the U of Minnesota Medical School and is associated with biological psychiatry consultants, P.A. in Edina, Minnesota.

**Unlearning Racism**

Centennial Student Union 253-54

Discussion/Experiential

Racism hurts all of us, but it's social consequences are experienced differently by people of color and white people. This workshop provides a non-threatening setting in which participants can explore social conditioning with regard to racism and begin to unlearn it.

**Women Against Racism:** a multi-ethnic group from the University of Iowa and the Iowa City community has been meeting for seven years to bring issues of race before the public.

**Association for Unlearning Racism:** a student recognized campus organization at Mankato State University which meets as a task force and discussion group.

**Sanctuary: A Conspiracy of Love**

Armstrong Hall 220

Discussion/Round Table

We will explore what some have called the fastest growing grass roots phenomena in the U.S. today: *Sanctuary* for Guatemalans and Salvadorians fleeing repression in their homelands.

**Marie Saunders** is a Sanctuary worker, mother, founding mother of *Las Madres de*

**Shirley Keith** is a Sanctuary worker, mother, founding mother of *Las Madres de Minnesota*, nurse, and activist in many social justice issues.

### Self-Justice: Achievement by Self-Being

Centennial Student Union 204

Experiential

Participants will use a combination of yoga, prayer, and breathing to know the value of the self.

**Claren Sellner**, B.A. and M.A. in Religious Studies, is a Franciscan Sister expressing the wholeness of self in her experience of mystical prayer, yoga, and breath.

### Discussion of Valerie Russell's Keynote Address

Armstrong Hall 231

There will be a discussion for those who wish to pursue and share ideas, questions and comments coming out of the keynote address this morning.

## Session III

### Woman's Way to Peace: Her Struggle Is Global

Armstrong Hall 214

Paper/Discussion/Activity

Woman, out of the oppressions she has experienced images a new reality: harmony not dualism, mutuality where there is dominance, a God among us replacing a Patriarch, and lived experience influencing decision-making. Women around the globe are engaged in this struggle.

**Lucy Edelbeck** has come to the wisdom of life by working with homeless women and men, with women battered by Church structures and battered by physical violence; with women naming themselves and their own beauty and strength. She facilitates retreats and workshops throughout the Midwest and Ontario.

### Yoga: An Integration of Body, Breath & Mind

Centennial Student Union 203

Experiential

Yoga's emphasis on the coordinating of body, breath and mind lead the way to an inner sense of relaxation and peace.

**Sharon Fruechte** is a student at Mankato State majoring in psychology and minoring in religious studies.

### The Tarot Today

Morris Hall 206

Experiential

The workshop is intended to bring original ideas to an ancient spiritual source and show how this can be used to benefit women today.

**Nancy Garnier** is a Tarot Reader at Present Moment Bookstore in Minneapolis, having studied the Tarot, astrology, psychology, women's studies and homeopathy.

**Juanita Howard** is a photographer, graduate of the Minneapolis College of Art and Design, and has practiced yoga for the past six years.

### Social Justice as an Outgrowth of the Spirituality of Three Mystics: Catherine of Siena, Teresa of Avila, and Evelyn Underhill

Armstrong Hall 222

Paper/Discussion/Experiential

This workshop will explore the spirituality of these three mystics which led to their actions of social justice, and will culminate in a meditative experience.

**Jennette Gudge**, MBA, is Assistant Professor of Business Administration at the College of St. Catherine and is currently a student in the Master of Arts in Theology program at St. Catherine.

### The Power of the Goddess in the Age of Quantum Physics

Armstrong Hall 121

Slide Presentation/Discussion

This talk will review Goddess history and the impact of Women's Spirituality on Feminism and contemporary religion; it will look at new theories of science, especially quantum physics, and how these new theories tie into ancient earth religions and philosophies of life.

**Terri Hawthorne** is an educator, artist and counselor who has been working in the area of women and art and spirituality since 1971. She is currently an M.S. candidate in Women's Studies at Mankato State University.

**Diane Brown** is an educator and artist and co-author of *Many Faces of the Great Mother*, a coloring book for all ages.

### Social Justice Through the Ecumenical Movement

Armstrong Hall 102

Presentation/Discussion

To achieve one of church Women United's primary goals — "a just, peaceful and caring society" — we link our Christian faith with action for economic justice for women.

**Dorothy Headley**, Northfield, is Regional Coordinator (6 states) for Church Women United and past president of CWU/Minnesota.

**Helen Hufendick**, Owatonna, is United Church of Christ representative to Church Women United/Minnesota and is former president of Minnesota Council of Churches.

### Including the Mentally Handicapped Person in Religious Education Programs As Well As in the Mainstreamed Life of Any Religious Community

Armstrong Hall 208

Discussion

Mentally handicapped individuals have spiritual needs and longings, as do all in our human family, and this workshop is designed to train leaders and to share ideas to meet those needs in religious education, music, fellowship, and participation in worship.

**Carol Johnson-Miller** is a Special Needs teacher at Estherville (Iowa) High School, and has organized and taught an interdenominational class for mentally handicapped persons for the past eight years at the Presbyterian church.

### "The Guilty Spirit, the Socially Responsible Woman" or, "Don't Feel Guilty, Do Something!"

Morris Hall 208

Paper/Discussion

Before we can successfully experience a healthy spirituality, we must examine those

**Maureen LaJoy**, a contributor to the shameless *Titters: The First Collection of Humor by Women* (McMillan, 1976), is an award winning writer, teacher and President of The Communications Connection.

**PJ Doyle** has a broad writing background with work appearing in numerous magazines and journals; her book, *The Baker Street Dozen*, is available from Congdon & Weed. LaJoy and Doyle are currently at work on *Your New Age Guilt Guide*.

### Partners in the Mystery of Redemption or The Mystery in Unequal Partnership: A Look at the Catholic Bishops' Pastoral on Women

Morris Hall 210

Paper/Discussion

This workshop is intended for any woman (all demoninations and religious orientations welcome) interested in looking at the draft of this pastoral to discuss the process taken and to pull out the implications for the future of Catholic women in the Church.

**Jacqueline L. McMullan** is a Catholic lay woman who received her Masters of Divinity in Washington, D.C., and is currently serving as a Campus Minister at Christ Church Newman Center in St. Cloud, Minnesota.

### A Course in Miracles

Armstrong Hall 220

Video Tape/Discussion

A focus on group discussion pertaining to the book and a movie on the origin of *A Course in Miracles*, or as the author of this book states, "The miracle is the one thing you can do that transcends order, being based not on differences, but on equality."

**Barbara Park** is working on her Master's Degree in Continuing Studies which mainly consists of psychology, sociology, and counseling.

### A Talk About Spirituality in the Face of our Reality: A Round Table Discussion From a Single Mother's Perspective

Armstrong Hall 114

Round Table

Some single mothers choose not to participate in religious/spiritual activities due to embarrassment (divorce, children considered "illegitimate," economic reasons). The discussion will highlight how we can empower ourselves through formal/informal support systems, active vs. subtle participation, and conflicts of language.

**Vikki Pribyl-McCullough** is a single mother of two children who is trying to maintain a Christian background.

**Leslie Swanger** is a single mother of one child and is from a Christian background.

**Kay Christensen** is a single mother of three children from a Christian background.

### Shame and Guilt in Christianity

Morris Hall 212

**Constance Ross-Brandenberg** is an activist currently involved in Native American issues in Minnesota.

### Oriental Spirituality and Social Justice

Centennial Student Union 204

Discussion/Panel

This subject attempts to focus on the spiritual heritages of Eastern regions like India, Bangladesh, etc.

**Najma Siddiqi** is an Assistant Professor of a Bangladesh University and is currently a graduate student in Women's Studies at Mankato State.

**Seetha Anagol** is a lawyer in India and is currently working on her Master's Degree in Women's Studies at Mankato State.

### Awareness Expansion: An Introduction to Your Latent Potential Using the Latest Scientific Advances

Centennial Student Union 202

Experiential

The purpose of the workshop is to allow you to improve your conscious awareness so that you can know and understand better your total self while being introduced to the incredible advances made by science in this field.

**Scott Taylor** is a certified trainer from the Monroe Institute, a producer and conductor of workshops in awareness and shamanism, an ordained interfaith minister, president of a regional chain of department stores and founder of the Expanded Awareness Institute.

### On Hands Body Healing

Centennial Student Union 253-54

Experiential

On hands body healing for releasing emotional blocks and promoting balancing.

**Faye Tolzmann** is a massage therapist and a Reiki practitioner.

**Barbara Saiki** is an R.N. with an M.S. in counseling with interest and experience in body healing and massage.

### In A Sacred Space

Centennial Student Union 101

Experiential

A collection of songs, stories, and poetry. Women are invited to come and experience with us the celebration and struggles we have living on this earth mother.

**Julia Uleberg** is a nurse, lay midwife, singer and storyteller who enjoys celebrating life.

**Marci Stokey** is a songwriter/musician and mother who shares her relationship with the farm she lives on.

### Freeing Up Energies for Change Through Despair Work

Centennial Student Union 201

Experiential

Following Joanna Rogers Macy's model of despair and empowerment, we will seek to do some of the inner/relational work necessary to becoming enspirited agents of social transformation.

**Marie Vandenberg** is a student of feminist, Native American, Latin American, and other liberation theologies as well as a writer, a dreamer, and a believer in peace and social

This paper will attempt to demonstrate a relationship between two subjects which are often considered unrelatable, i.e., mathematics and spirituality: it will introduce a three-dimensional model as an aid to greater understanding of the cosmos.

**Sarah Voss** is a mathematician and a poet. Currently she is Assistant Professor of Mathematics and Mathematics Program Director at the College of St. May in Omaha, Nebraska.

**Discussion of Valerie Russell's Keynote Address**

Armstrong Hall 211

There will be a discussion for those who wish to pursue and share ideas, questions and comments coming out of the keynote address this morning.

**Videotapes**

1. **Charlotte Black Elk** gives the keynote address of the 1987 Women and Spirituality Conference, speaking on "Lifepaths of Women: Celebrating Self and Community". Charlotte Black Elk lives on the Pine Ridge Reservation in South Dakota, where she is involved with the "Sioux Nation Black Hills Act" and the translation of the oral tradition of the Ogalala people. She is mother to three children and her book, **Woman Adorned** is forthcoming.

Armstrong Hall 219

11:00 a.m. - 12:30 p.m.

2. **Starhawk** gives the keynote address of the 1986 conference on Women and Spirituality: Building Community. She is speaking on "Building Communities of Resistance and Renewal", focusing on the creation of a culture that is liberating, healing and sustaining, and based on empowerment rather than power-over. Starhawk, Witch, feminist and peace activist teaches and works in the San Francisco Bay area, offering classes, workshops and public rituals in the Old Religion of the Goddess. She has published several books in this area, her latest being **Truth or Dare: Encounters with Power, Authority and Mystery** (Harper and Row, 1987).

Armstrong Hall 221

3:45 - 5:15 p.m.

3. **Rosemary Radford Ruether** gives the keynote address of the 1985 conference on Women and Spirituality: Language and Imagery. She is speaking on "Emerging Women-Church: The Challenge of Feminist Liturgical Communities," focusing on the production of a feminist theology and the documentation and study of women's religious and spiritual experience and community. Rosemary Radford Ruether is a well known author, lecturer, theologian and teacher. She has written extensively on feminist, historical and liberation theology.

Armstrong Hall 221

1:45 - 3:15 p.m.

4. **Maureen Fiedler** gives the keynote address of the 1984 conference on Women and Spirituality: The Spirituality of Social Concern. Maureen Fiedler, co-director of the Quixote Centre, a national Catholic justice centre in Mt. Rainier, Maryland, has been active working for women's rights both in the church and civil society, and has written and lectured widely on women in religion and politics. She is speaking on "'Deposing the Mighty from their Thrones and Exalting the Lowly': Spirituality for Today's Women-Liberators."

Armstrong Hall 221

11:00 a.m. - 12:30 p.m.

**Conference Information & Services**

**Conference Heritage**

A few years ago, women from MSU and the Mankato community envisioned an opportunity for spiritual and religious women to meet and share insights and concerns. The purpose of the activities envisioned would be educational, and would reach women and interested men from many spiritual and religious traditions. An evening lecture given by Sister Vera Chester of Saint Catherine's College, attended by 75 people, gave birth to the "Women and Spirituality Conference".

**1982: "Women and Worship"**

Featuring Jeane Audrey Powers of United Methodist Church and Alla Bozarth-Campbell, one of the first Episcopalian women ministers. Attendance: 165.

**1983: "Women's Lives in World Religions"**

Keynote Speaker: Dr. Rita Gross (UW Eau Claire). Panel discussion representing five major faiths. Attendance: 200. 30 Workshops.

**1984: "Spirituality & Social Change"**

Keynote Speakers: Maureen Fiedler, co-director of the Quixote Center. Attendance: 450. 40 Workshops.

**1985: "Language and Imagery"**

Keynote: Dr. Rosemary Radford Ruether, author, theologian, teacher, lecturer. Attendance: 465. 40 Workshops.

**1986: "Building Community"**

Keynote: Starhawk, author of **The Spiral Dance** and **Dreaming the Dark**. Attendance: 760. Over 60 workshops.

**1987: "Lifepaths of Women: Celebrating Self and Community"**

Keynote: Charlotte Black Elk of the Oglala-Lakota people. Attendance: 720. Over 60 workshops.

**MEALS:** Those desiring meals **MUST** pre-register. The meal packet is \$15.50 and includes beverages, light breakfast snack, Saturday lunch and dinner. (Vegetarian meals will be available). You are also welcome to bring a bag lunch or to make your own food arrangements. Food service on campus is, however, limited on weekends. There are a few restaurants within walking distance.

**PARKING:** You may park in any lot or other legal locations on Saturday. Lots 4, 6, or 4A

**EMERGENCY MESSAGES** will be relayed to you during the Conference by calling (507) 389-2111 (MSU Security)

**HOUSING:** Those interested in housing must make their own arrangements.

Double and quad rooms are available at **Good Counsel Education Center**. P.O. Box 8968, Mankato, MN 56002, (507) 388-6257. Reservations including a check will be first-served. See attached housing form.

A special **bed-and-breakfast** housing arrangement is available in the homes of members of Church Women United. Hostesses will provide driving information to their homes. For information, please contact: Mankato Church Women United, c/o Lois Schrader, 408 W. 7th, Mankato, MN 56001. See attached housing form.

**MOTELS IN THE MANKATO AREA**

Garden Inn Hwy. Hwy. 169 N.	\$41/\$50 (507) 625-9333
Holiday Inn 101 Main	\$46/\$56 (507) 345-1234
Redwood Motel Hwy 22 & 14	\$18/\$29 (507) 388-1621
Super Eight Hwy. 169 N.	\$27/\$31 (507) 387-4041
Cliff Keyes 1227 N Front	\$20/\$24 (507) 388-1638
Budgetel Hwy. 169 N.	\$28/\$36 (507) 345-8800

Weekend rates may be higher.

**CHILD CARE:** If you have a need in this area, contact Barb Keating at (507) 389-5604 (work) or 388-6360 (home) by September 23. There will be a charge of \$1 per hour per child for this service. For financial aid, please see the scholarship section. You must provide a sack lunch and dinner for your children. Sharing mealtimes with your children is suggested. Care is provided for those children 2 years to 10 years of age.

**SPECIAL SERVICES:** MSU is accessible to the differently abled. Anyone who desires special arrangements should indicate those needs on the registration blank. Women whose religious practices require special arrangements for food, housing, or other needs should so indicate on the registration blank.

**CREDIT:** Those interested in taking the Conference for one (1) credit in Women's Studies or Religious Studies need to be aware that an 8:00 a.m. meeting in Armstrong Hall, Room 101 is required and that the conference registration fee and meals are in addition to the fee for credit. To register, fill in appropriate section on registration form. The tuition rates are listed on the form.

**SCHOLARSHIPS:** If the sliding scale conference registration fee is still prohibitive, we offer the following options:

1. **Work exchange:** three (3) hours of work = free conference registration. Contact Women's Studies, (507) 389-2077 no later than Wednesday, September 21 to sign up. Report for assignment of duties at 1:00 p.m. Friday, September 30, Morris Hall 109.
2. Apply for **scholarship** for conference registration and/or reimbursement for child care by contacting Women's Studies (507) 389-2077 no later than Friday, September 23. Limited funds are available and will be awarded on a first come/first serve basis. We ask that only those who are truly excluded from the registration fee apply.
3. Twenty conference registration scholarships are being set aside for **women of color**. To apply, contact Minority Studies for form no later than September 23. Address your inquiry to: Women and Spirituality Scholarship Fund, Box 61, MSU, Mankato, MN 56001. These will be awarded on a first come/first serve basis with MSU students receiving priority.

**OTHER INFORMATION:** MSU is a **chemical free** space. **Smoking** is permitted in designated areas.

We are not responsible for lost or damaged property.

Conference participants should plan to bring pens, paper, art pads, and other materials that might be used in workshops.

**Refunds** for registration and/or food are available upon **written** request, prior to September 23.

**For answers to any questions, call or write:**

Women and Spirituality  
MSU Box 64  
Mankato, MN 56001  
(507) 389-2077

## Judith Plaskow, 1989 Keynote Speaker

Conference Theme: Body and Spirituality



Judith Plaskow is Associate Professor of Religious Studies at Manhattan College and a writer and speaker on topics related to feminist theology. Her Ph.D. was from Yale University in 1975 with a dissertation topic of "Sex, Sin, and Grace: Women's Experience and the Theologies of Reinhold Niebuhr and Paul Tillich."

Judith was co-founder in 1983 of **The Journal of Feminist Studies in Religion**, and continues to serve as its co-editor. She served as secretary on the Executive Committee of The American Academy of Religion from 1980 to 1984, and was on the AAR program committee from 1974-1977. She was co-chair of the Women and Religion Group from 1972-1974, and has been on the steering committee since it became the Women and Religion Section of the AAR. She is also a member of the Women's Caucus - Religious Studies, the National Women's Studies Association and the New York Feminist Scholars in Religion. Since 1980, except for one year, she has served on the Advisory Board at Harvard Divinity School of the Women's Studies in Religion Program. She is associate editor of **Anima** and is on the editorial board of **Tikkun**. Judith has many published articles and conference presentations on Jewish feminism, anti-Semitism, religious language and roles, and body and spirituality.

## 1990 Keynote Speaker

**Carter Heyward** of Episcopal Divinity School has consented to be our 1990 keynote. Carter has published a book detailing the journey to her "irregular" ordination to the Episcopal priesthood. She has other books and works on many social justice issues including sexism, heterosexism, nationalism, hunger and poverty. The conference theme has not yet been chosen.

## The Women and Spirituality Logo

The Orant, the woman with arms outstretched in celebration, is an ancient image of prayer and blessings. Her roots are Jewish; she appears in medieval statues, paintings of Mary and pilgrims at the wailing wall in Jerusalem today. She frequently decorated the frescoed walls of the catacombs which Christians used as meeting and hiding places.

While she has a very specific heritage in Judaic-Christian tradition, searching out her meaning can help us touch both our commonalities and our differences as women seeking fullness and inclusivity in our spirituality.

Given next year's keynote, Judith Plaskow, we hope to focus some dialogue on the Jewish roots of Christianity. Probing our reactions to the Orant, the image that has represented this conference since its beginning, can help us begin this potentially healing dialogue. Therefore, the Planning Committee for the Women and Spirituality Conference, with the help of Lillian Sprintz, has done some re-evaluating and re-looking at what the symbol has meant within the context of our efforts to create a nurturing setting for a dialogue of caring and mutual respect between and among different spiritual traditions. We want a symbol that reflects the inclusivity and multiplicity of the diverse women who attend this conference. We invite you to share your insights and reactions to the image of the Orant both in the evaluation form and at the closing feedback session where we will ask for some discussion of this issue.

### Menu

Breakfast	Muffins, Banana Bread, Pumpkin Bread Coffee, Tea
Lunch	Croissant, with Turkey, Cheese, or plain Soup Coleslaw Fresh Fruit
Dinner	Meat or non-meat Lasagna Vegetable Dessert

Non-dairy option being developed.

## Access to Mankato State University

### Highway 14 (coming from the West)

Exit to Highway 169 and use the following directions.

### Highway 169 (coming from the North)

Take the Mankato/North Mankato exit. Turn left at the stoplight and cross the bridge into Mankato. Turn right at stoplight on Broad Street. Continue on Broad Street to third stoplight (Warren Street) and turn left onto Warren Street. Continue on Warren and take the right fork leading up the hill to Val Imm Drive. At the top of the hill, you have arrived on campus. Use your campus map to find designated visitor parking.

### Highway 169 (coming from the South)

Take Front Street/Riverfront Drive exit. Turn right at stop sign on Park Lane. At second stoplight (Hardee's corner) turn right on Stoltzman Road. At three-way stop sign continue straight ahead and go approximately one mile. Turn left at State University sign on Stadium Road.

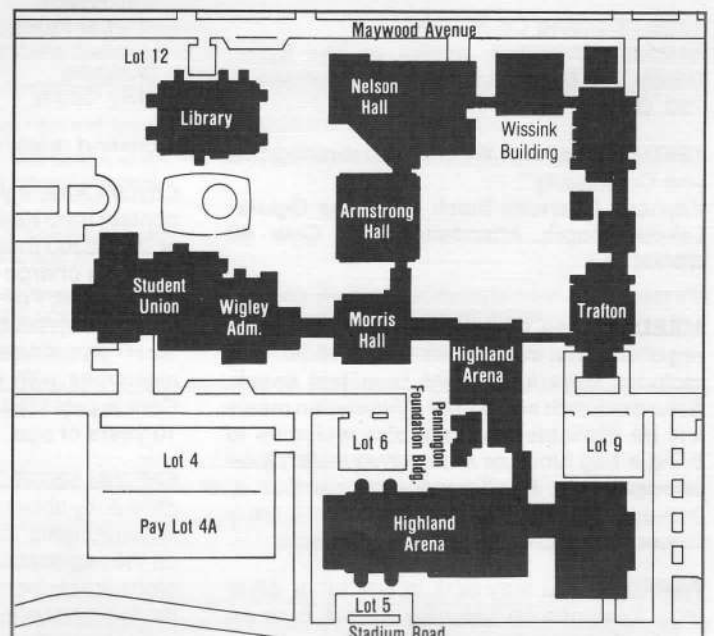
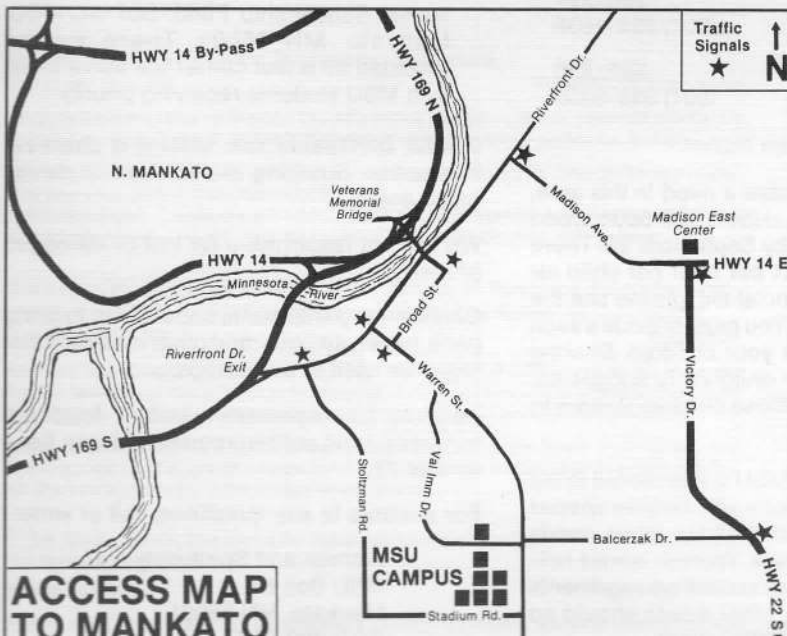
Proceed up hill. At the top of the hill, you have arrived on campus. Use your campus map to find designated visitor parking.

### Highway 14 (coming from the East)

Highway 14 becomes Madison Avenue. Turn left at intersection of Madison Avenue and Highway 22. Continue on Highway 22 to Balcerzak Drive. Turn right and continue on Balcerzak to Monks Avenue. Turn left and continue on Monks Avenue and turn right on Stadium Road. In two blocks, you will have arrived on campus. Use your campus map to find designated visitor parking.

### Highway 22 (coming from South)

Turn left on Balcerzak Drive. Continue on Balcerzak to Monks Avenue. Turn left on Monks Avenue and then turn right on Stadium Road. Follow Stadium Road and in two blocks you will have arrived on campus. Use your campus map to find designated visitor parking.



# Conference Housing

## Bed and Breakfast

and Breakfast" in Private Homes — \$13.85 per night.  
 Registration is received, confirmation will be mailed to you with name, address and phone number of hostess. (This form is **not** for workshop presenters.)

onsibility for arrangements for direction and transportation to your host home to be made by you and your hostess.  
 occeeds from this "Bed and Breakfast" will go to the Mankato Church Women United. We THANK YOU for participating  
 s project.

ks are to be made payable to Mankato Church Women United in ADVANCE and to be MAILED with registration form to:

Mankato Church Women United  
 c/o Lois Schroder  
 408 W. 7th  
 Mankato, MN 56001

ons wanting to stay together may request a home that can accept 2 people. Check single or double bed and please  
 registrations together.

DEADLINE FOR REGISTRATION IS SEPTEMBER 15, 1988

ess \_\_\_\_\_  
 e Number ( ) \_\_\_\_\_ Total amount enclosed: \$ \_\_\_\_\_  
 k Night(s) wanted:  Friday, September 30, 1988  Saturday, October 1, 1988  
 Double Bed  Single Bed  Smoking  Non-Smoking

## At Good Counsel Education Center

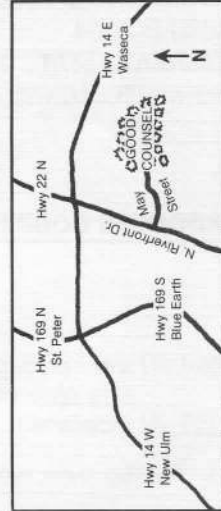
e \_\_\_\_\_ Phone ( ) \_\_\_\_\_  
 Address \_\_\_\_\_

icipants (This housing form is **not** for workshop presenters.)  
 am a conference participant and enclose my check for the following services at Good Counsel:  
 Friday night housing — \$12  
 Saturday night housing — \$12

rtant: Participant housing will be provided on a first-come/first-served basis when checks are enclosed.

checks payable to Good Counsel Education Center.  
 if this form to:  
 Good Counsel Education Center  
 P.O. Box 8968  
 Mankato, MN 56002

..... Cut off and retain map for your reference



ING GOOD COUNSEL: Follow the map at right. For Education  
 er programs turn right at the top of Good Counsel Hill and then  
 again. Park in the south parking area and enter at the south  
 nce. Welcome!

# Registration Form

Registration must be postmarked by September 23, 1988 for reduced rates. Make checks or money orders payable to Mankato State University. Mail to: Women and Spirituality Conference, Box 64, Mankato State University, Mankato, MN 56001. For more information call: (507) 389-2077. This form may be duplicated for multiple registrations. (One person per registration form. Please print neatly or type.)

Name \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
 Address \_\_\_\_\_  
 City \_\_\_\_\_  
 Day Phone #: ( ) \_\_\_\_\_ Evening Phone #: ( ) \_\_\_\_\_

Please check ALL that apply:

- Pre-registration:**  
 \$20+ Angel\*  
 \$15 General  
 \$10 Minimum Income  
 Low Income Scholarship\*\*

- Postmarked After September 23:**  
 \$25+ (Late Fee)  
 \$20 (Late Fee)  
 \$15 (Late Fee)  
 Work Exchange\*\*

\* Angel — a special someone who contributes to the Conference to help provide scholarships for others to attend.  
 \*\* The low income scholarships allow for women of different economic abilities to attend. We leave this to your discretion available on a first come/first served basis. Work exchange is also available. See the Conference Information and newspaper for details under the heading **Scholarships**.

The earlier you register, the easier our task of hosting the Conference. We are a small group who do not have a lot of registrations are difficult to process. We will have a quick pick-up line for those who have registered. Receipts can be picked up at the registration desk from 7:30 - 8:45 a.m. on Saturday morning. Our information packets and booklets and information packets will be distributed at that time. Full refunds for registration are available, prior to September 23.

## Meal Ticket Registration (Deadline September 23)

The meal packet is \$15.50 and includes beverages, light breakfast snack, Saturday lunch and dinner. Refunds for meals are available upon **written** request, please indicate your preference.  Meat option  Non-meat option (dairy & egg)  Non-Dairy

## For Those Registering for Credit

You must pay the registration fees above in addition to tuition fees. This information is

Social Security Number \_\_\_\_\_  
 Registering for Credit in Women's Studies:  yes  no  
 Registering for Credit in Religious Studies:  yes  no  
 Have you previously attended Mankato State University?  yes  no  
 Are you a resident of the State of Minnesota?  yes  no

I am registering as: (Check one)  
 Undergraduate resident — \$36.95 (P/NC option only)  
 Graduate resident — \$47.90 (Grade option only)

These rates **DO** include the MSU activity fee.

Total enclosed: \$ \_\_\_\_\_ Pre-registration fee \_\_\_\_\_  
 \$ \_\_\_\_\_ Meals (indicate preference above)  
 \$ \_\_\_\_\_ Tuition credit costs \_\_\_\_\_  
 \$ \_\_\_\_\_ Total amount enclosed (Checks payable to Mankato State University)

## Special Services Requests (Deadline September 23)

Name \_\_\_\_\_  
 Address \_\_\_\_\_  
 Phone ( ) \_\_\_\_\_ Interpreter Needed: \_\_\_\_\_  
 Special Needs: \_\_\_\_\_





A full day of over 70 workshops, discussions, exhibits, dialogue, discovery and celebration. This year's conference includes a discussion of the application of spirituality to social issues. Scholarships, work exchange and college credit available. Registration by September 23 encouraged. Childcare, meals and housing by pre-registration only. To register fill out the form on the back of this page.

**Spirituality and Social Justice**  
Valerie Russell  
Keynote Speaker

**WOMEN AND SPIRITUALITY CONFERENCE**  
Mankato State University  
**Saturday, October 1, 1988**  
7:30 a.m. - 8:00 p.m.

**WOMEN AND SPIRITUALITY CONFERENCE**  
MSU BOX 64  
MANKATO STATE UNIVERSITY  
MANKATO, MINNESOTA 56001

Non-Profit Orgn.  
U.S. Postage  
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Permit No. 202  
Mankato, MN 56001

ADDRESS CORRECTION REQUESTED